

Robyn Jankel

Robyn is one of 2025's 100 Women in Cycling and chair of York Cycle Campaign. She primarily cycles for transport on her Dutch bike, a WorkCycles Omafiets that she describes as "the absolute Rolls-Royce of transport bikes: built to last, eminently reliable, sturdy and elegant".

Although she says she doesn't really consider herself 'a cyclist', she had long fancied the idea of doing a long-distance ride. She was put off by the way other people talked about them. "For a long time it felt like there was no point in even trying to do an adventure if I weren't competing or trying to outdo someone else. Then one day I had something of a revelation and I thought: isn't the whole point just doing it in the first place?"

Her first long ride was five days on the Trans Pennine Trail. After posting about it, she received lots of positive feedback from other women. So she decided to try another: 1,300km along the Danube. Once again she used her Dutch bike. "I wore dresses and my favourite iridescent trainers, just like I would when cycling at home," she said. "No Lycra in sight."

Robyn rode 40km each day, with rest days when needed. She hopes to write a book about her trip. cyclinguk.org/robyn-jankel

Your ride



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cycling, what would you get?

The nicest thing anyone got me when I was churning out a lot of miles in preparation for a long ride [Jo took part in the *Transcontinental Race*] was £100 of Sainsbury's gift vouchers to spend on food. So either that or a flight to the Pyrenees.

What's your favourite cycle journey?

The one straight from my house, wiggling up to the top of the South Downs.

What single thing would most improve matters for UK cyclists?

Having ridden in countries where cyclists aren't treated as a nuisance that needs to be driven off the road, I'd say the answer isn't the oft-touted infrastructure but attitude.



Chainless e-assist

Recumbent manufacturer ICE Trikes has launched the PERS Chainless e-assist system, which converts human power into electric power. There's no gear shifting; speed is controlled by pedalling. It also offers reverse pedalling and regenerative braking. The 250W rear hub motor has 75Nm of torque and is powered by a 700Wh battery. icetrikes.co



Yorkshire Cycle Festival

The Yorkshire Cycle Festival, incorporating York Cycle Rally and the Retrobike Show, takes place from 12–14 June at the new location of Driffeld Show Ground. There will be a range of

guided rides and audaxes, a trade expo, a cycle jumble, skills training, grasstrack racing and more. It's free to enter as a day visitor, and camping is available from £45 for three nights. yorkshirecyclefestival.co.uk