



Watch this

In his latest short film, *Roughstuffing in Fife*, Markus Stitz documents a 243km bikepacking journey through Scotland. The film was inspired by George Berwick, a Fife resident and one of the longest-standing members of the Rough-Stuff Fellowship, the world's oldest off-road cycling club. Markus met him in early 2025. Watch the film on YouTube: bit.ly/roughstuff-fife-stitz.



Dahon back in the UK

Dahon folding bikes, which have been hard to get hold of in the UK for some years, are now available direct from a new UK website: uk.dahon.com. While Dahon has a wide range, including a new Brompton G Line competitor called the Lunden 20" (pictured), only a small selection of its less expensive models were for sale online at time of writing.



Find a local group near you and enjoy a ride this weekend: cyclinguk.org/group-listing

Freewheel

A short tour around the wonderful world of cycling

On my bike

Jo is best known in the MTB world but also loves drop-bar bikes and writes for road.cc



Jo Burt

Mint Sauce cartoonist and cycling journalist

Why do you cycle?

Being outside, escape, quiet, transport, pretending to stay young, cake at the end.

How far do you ride each week?

Depends on the weather and deadlines but I try to get out for a 'proper' ride at least every other day. I don't keep a record of my mileage.

Which of your bikes is your favourite?

The one I'm on at the time.

Jo's book, Lost Summers and Half-Forgotten Afternoons, is reviewed on p46.

Although if I had to choose just one, it would have to be the gravel bike for its 'let's go down here' adaptability.

What do you always take with you when cycling?

All the tools to get home, an extra layer, money, a sense of fun and my front door keys.

Who mends your punctures?

Me. Although, as I'm tubeless on all my bikes, I haven't had a puncture in ages.

It's raining: bike, public transport or car?

I don't own a car so unless I can cadge a lift from someone, public transport.

Lycra or normal clothes?

Bike for transport - normal clothes. Bike for escape - Lycra.

If you had £100 to spend on