

Over to you

travel companion for a Brompton. The Swedish have excelled themselves. It rolls up nice and small and yet a Brompton can fit entirely inside it, all zipped up. It's definitely your friend if you want to travel on Eurostar.



Phil Morgan

EASY RIDERS

I love to read about the achievements of other members, although they all seem to be under the age of 50. I am 72 and disabled. I have been cycling on and off for 60 years. I now have to resort to a e-bike and still can't cycle more than about 30 miles in a whole day. So how about routes for my kind of people, including start and finish points, B&Bs en route and so on?

Les Halford

We aim to have mix of ride articles in Cycle. In the Aug/Sep issue, for example, Susanna Thornton wrote about a 30-mile bike/bus/rail tour with her then 88-year-old father. In the Oct/Nov issue, Sam Cooke wrote about a Netherlands tour with his disabled father, who rides an electric-assist trike. But do get in touch if you ever think we're slipping on diversity.



Get in touch Letters are edited for space and clarity. The editor reads and automatically acknowledges all letters but publishes only a selection. Please include your membership number. Write to: Cycle Letters, Cycling UK, Parklands, Railton Rd, Guildford, GU2 9JX or email editor@cyclenguk.org.

GRASSROOTS CAMPAIGNING

Is Tynedale (Northumberland) the best place to cycle in England and, if not, how could we make it so? That's a question that a group of friends

and campaigners asked ourselves before developing an ambitious cycling strategy for this rural area in the North-East. We have worked with representatives from over 20 organisations, including Cycling UK, Northumberland County Council and Active Travel England to design a bold new plan.

The Tynedale Cycling Strategy 2025-2030 aims to: highlight existing cycling activity; improve collaboration and resource sharing among delivery partners; build an evidence base for future activities and joint funding bids; address challenges and barriers to cycling developments; secure public sector support; and inform decision-making. Anyone interested can contact me at tynedalecycling@gmail.com.

Toby Price



PHOTO OF THE MONTH

Taxing problem

I seem to remember reading that road tax was abolished in 1937. Apparently no one has told our local Post Office!

Helen Hubbard

Cycling UK forum

Get immediate feedback from other members at forum.cyclinguk.org. Here's an abridged extract from a recent thread: cyclinguk.org/forum-winter-footwear

WINTER FOOTWEAR FOR PLAIN PEDALS

arnsider: Pain in my right knee has forced me to change my SPD pedals to plain ones and I have opted for Wellgo B087U. Now, what to wear?

fatmac: I ride with lightweight walking boots, have done for years.

ANTONISH: My partner bought some riding boots from Decathlon. Waterproof and hard wearing.

deeferdonk: I would recommend Five Ten Sleuth DLX mountain bike flat shoes. They're what I wear year round.

pjclinch: If you otherwise miss being

clipped in, you might try some alternative to pedals that have more float and thus constrain knees less, e.g. Time ATACs.

Nearholmer: I don't like boots for cycling, so use waterproof socks if it looks as if the going will be wet - the Sealskinz ones that come well up the calf.

v_perjorative: I've found DexShell socks to be massively superior to SealSkinz.

mattscmm: A local chap who does huge mileage adopts the traditional farm-labourer and road-worker footwear: wellies. Year in, year out.

arnsider: Thanks for the replies. I have had the Wellgo flat pedals on for around 150 miles. The Decathlon NH100 Mid boot is both warm and comfy and doesn't slip on the pedals. Knee pain due to twisting is now a thing of the past, and I feel much safer stopping and starting.