

Over to you

rules from February 2022 has been inadequate – particularly rules H2/3 and Rule 76. One of our members had a brilliant idea: DVLA should highlight rules H2/3 and 76 when the Vehicle Excise Duty reminders are sent out.

Christopher Cooper

Cycling with care

In celebration of World Bicycle Day this summer (3/6/25), Upton Mill Care Home in Gloucestershire invited local Cycling UK member group Stroud Valleys Cycling Club to visit. We did so on one of our regular Tuesday rides. Ten riders took part, riding from Stroud to Tetbury and back, and presenting the home with a card.

Both cyclists and residents enjoyed the visit. The care home provided refreshments and the cyclists chatted with the residents for more than an hour, covering many topics – including cycling.

For more about our rides, visit stroudvalleyscyclingclub.org.uk.

John Thatcher

On the buses

I read with interest your article on touring with a folding bike using trains and buses. That very week I had been denied from boarding a bus with my folded Brompton.

I've been commuting by Brompton, bus and train for more than 12 years. However, at 7.30 one morning at a remote bus stop in Oxfordshire, the driver said I could not board. A Mexican stand-off ensued, during which the driver told me that I could take the bike on the bus but only in a bag.

I took off my coat and folded

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it round the Brompton, cheerily saying that the bike was now in a bag. The driver told me she could still see part of my bike, turned off the engine and called the controller. I was finally allowed to board “just this once”. I now carry a large black bin liner in my bag!

Fiona MacLeod

Voice of cycling

Here's commentator (and former CTC president) Phil Liggett with actor Connor Delves. Phil was in Edinburgh on 31 August to see 'Cadel: Lungs on Legs', which charts the life of Cadel Evans. Phil also suggested that Oscar Onley could become a Scottish winner when the race visits Scotland.

Judith Ozkan



PHOTO OF THE MONTH

Doggy pedalling

My wife Jane and a few friends have a small group called the Muttercyclists. Here's a picture of the magnificent seven riding from Tan Hill pub, Britain's highest, to Reeth via Muker and the Swale Trail. Lots of magnificent scenery, cussing and heavy breathing but a memorable day.

Stuart Myers

Cycling UK forum

Get immediate feedback from other members at forum.cyclinguk.org.

Here's an abridged extract from a recent thread: cyclinguk.org/forum-why-co2

WHY CO2?

GrumpyGit: I've been pondering why tyre inflators use CO2. The tyres on high-performance cars are often filled with nitrogen. Why don't bike tyre inflators come filled with N2 rather than CO2?

philvantwo: You can't compress nitrogen as much as CO2. The canisters would be a lot bigger.

Mick F: There's a ready supply of CO2 as it's used in the drinks trade for one thing, and cheap to produce too.

Brucey: CO2 is cheaper and easier to handle because (weight for weight of

gas) the cylinders can be smaller (CO2 gas is usually a liquid in the bottle) and lighter (the pressure can be a lot less)... To store a similar weight of nitrogen might require a bottle of three or four times the volume.

philsknees: Anyone know if it would be possible to inflate a tyre using the ubiquitous nitrous oxide cartridges which litter the gutters of South Manchester? :-(
st599_uk: Surely using hydrogen would make the bike lighter.

GrumpyGit: Yes, but helium would be less likely to result in spontaneous combustion!

Samuel D: What is the composition of the [CO2] gas in a bicycle innertube after it has leaked down, been pumped up, leaked, pumped, etc, for many cycles?

Brucey: different; smells of rubber...? :lol: