

Fastest circumnavigation of Britain by bike

This summer, not long after Dr Sarah Ruggins broke the men's and women's LEJOGLE record (see below), former pro Molly Weaver smashed the overall record for the fastest circumnavigation of Britain by bike. She completed her 7,730km ride in 21 days, 10 hours and 48 minutes, taking 17 hours off the previous best, which was set by Cycle contributor Nick Sanders way back in 1984. Her three-week journey, in which she averaged more than 350km every day, raised over £10,000 for the RNLI. You can read more about her ride at ontheedge.cc.



ing



Lycra. If I'm riding casually, an old T-shirt and a pair of Vans.

If you had £100 to spend on cycling, what would you get? Probably a new pair of Gore gloves. My early morning rides are cold so I'm always in them and go through them quite quickly. **What's your favourite cycle journey?**

I loved racing the 4,500km journey from France to Istanbul in last year's Transcontinental Race. **What single thing would most improve matters for UK cyclists?** Wider bike lanes that are not filled with debris!

Nadia Kerr, a Cycling UK trustee and cycling accident solicitor, is taking on one of the UK's toughest endurance rides – London Edinburgh London (LEL) – to raise funds for Cycling UK. The 1,500km challenge must be completed in under five and a half days, with riders balancing sleep, food and more than 900 miles of pedalling while the clock keeps ticking.

A long-distance enthusiast, Nadia first experienced LEL as a volunteer at the Moffat checkpoint in 2022, supporting exhausted riders through tears, triumphs and everything in between. This year, it's her turn to take on the course. Nadia explains:

"It's not a race, but it's certainly a serious test of endurance, determination and, above all, passion for a cause that really matters to me."



Nadia is aiming to raise £1 for every kilometre she rides, supporting Cycling UK's 'My ride. Our right' campaign to make cycling safer and more accessible for women and girls. Follow Nadia's journey and support her challenge here: justgiving.com/page/nadia-kerr-6

Your ride



Eco-friendlier tyres

Tyres are an environmental issue, with used ones filling landfill sites, causing pollution and fuelling fires. Tyres for motor vehicles are the biggest problem but bicycle tyres aren't blameless. Not all bike tyres are equal, however.

Continental, which also makes dandelion-rubber Taraxagum tyres (pictured), has now received "the highest possible platinum sustainability rating from EcoVadis" (BikeBiz, 2/7/25). continental.com

