



Try this

Ask your MP to support cycling

The UK government is currently preparing its first multi-year Spending Review since 2021. This is a rare opportunity to secure long-term funding commitments for cycling in England, as it will set department budgets for the next few years.

Giving councils the certainty of multi-year funding for new cycle routes would boost our high streets and our health, saving the NHS money. The problem is that many politicians don't see those connections.

Hundreds of you have already written to your MPs to make the case for more investment in cycling, but when money is tight, they still need convincing. Use our quick online tool to contact your MP today: cyclinguk.org/budget-action.

Left: Jocize Dymond

Watch this



Those in charge of vehicles that can cause the greatest harm bear the greatest responsibility to take care and reduce the danger they pose to others. This fantastic video by Co-Pilot brilliantly explains the hierarchy of responsibility on our roads – a crucial concept in the Highway Code. Greater care and awareness, especially

from those operating the most potentially harmful vehicles, is part of a safer systems approach to safer roads. Watch the video and share it to help make our roads safer for everyone. bit.ly/copilot-highwaycode

Events

Meriden Cyclists' Memorial Service

The 103rd Cyclists' Memorial and Celebration of Cycling Service will take place at 11am on 18 May around the Cyclists' Memorial on the Meriden village green. While the memorial service has a solemn moment, with a minute's silence to remember fallen cyclists, the event is generally uplifting. The service consists of hymns, readings and prayers, followed by members of Cycling UK plus other cycling clubs and organisations laying their wreaths in turn at the cenotaph. The event concludes at the village hall, which is open afterwards for refreshments and cakes baked by the local Women's Institute. cyclinguk.org/group/cycling-uk-east-midlands



On my bike



Edmund King

President of the AA

Why do you cycle?

I've cycled since I was four. My mother bought me a girl's Raleigh bike from Colin Chapman, founder of Lotus Cars. I painted it black and pretended it was a Lotus. Never looked back for the freedom and fun it brings.

How far do you ride each week?

It depends but probably about 20 miles.



Which of your bikes is your favourite?

Still love my classic Whyte E120, which is still going strong.

What do you always take with you?

My phone.

Who mends your punctures?

I do and it tends to go in phases like the 38 bus – don't get one for ages and then three come along together.

It's raining: bike, public transport or car?

Probably walk with a decent umbrella.



Lycra or normal clothes?

Depends where I'm cycling but often mix and match.

If you had £100 to spend on cycling, what would you get?

My brother, Francis, introduced me to galibier.cc and I love their cycling kit, so probably a new jacket.

What's your favourite cycle journey?

We love cycling from Hotel de France, Chartre-sur-le-Loir, which is south of Le Mans. It is my favourite hotel, and the country roads are quiet and pothole free.

What single thing would most improve matters for UK cyclists?

Giving all children free life skills through more extensive Bikeability courses.

