



Make a route like Traws Eryri the centrepiece of your summer



The BCQ gives you 402 reasons to keep riding

Winter

December-February

As the days shorten, it can be harder to find reasons to get out. If that sounds like you, now's the time to begin your forays into the British Cycle Quest (cyclinguk.org/british-cycle-quest) and start having adventures from your doorstep! Covering the whole of Great Britain, the BCQ has 402 checkpoints. Each is easily reached by bike with a little planning; perhaps using our journey planner (cyclinguk.org/journey-planner) to find the flattest way? The checkpoints will give you both a reason to explore locally and an opportunity to discover interesting facts, such as how fast the common swift flies. (Clue at Durlston Head in Dorset – no Googling!)

If winter riding isn't your cup of tea, you could retire to a comfy chair with a good (guide) book. Off-road adventurers will enjoy dipping into Guy Kesteven's guides of Cycling UK's bikepacking routes (£2 off for members), while road tourers can delve into Cicerone's extensive cycling guides (with 10% off).

However you cycle in 2025, rest assured that, as a member of Cycling UK, you will always be covered with £10m third-party insurance and have a team of dedicated solicitors through Cycle SOS ready to help if things unfortunately go wrong.

Finally, make sure to take time to reflect on your past year of cycling. Flick through past editions of Cycle and perhaps pen something for Travellers' Tales. Alternatively, it's never too early to begin planning adventures for 2026!

your travels at home or abroad, and Bikmo makes sure you don't break the bank when doing so, with a 10% discount. That should leave you with enough left over to get your touring luggage from specialists like Carradice, Ortlieb and Restrap; Cycling UK members can save money with all of them. Of course, you might strike lucky with our Summer Raffle and win the prizes you need to make your trip a success!

Those not yet off on their holidays might like to take part in Bike Week, running in mid-June. It was started by the Cyclists' Touring Club (now

Cycling UK) in 1923, and with our members we've been celebrating cycling with a special week for more than 100 years. Find out in the coming months how you can be involved by subscribing to Cycling UK's weekly newsletter, CycleClips.

If you're still stuck behind a desk on 7 August, it's Cycle to Work Day. Don't just ride in: gather your cycling colleagues and start lobbying your employer to join the increasing numbers of accredited Cycle Friendly Businesses springing up across England, Northern Ireland, Scotland and Wales (cyclinguk.org/cycle-friendly-employer).

Autumn

September-November

Cycle to School Week falls in September, which is prime time for getting your young ones to take the bus – the bike bus! This fun way to travel to school keeps fledgling cyclists safe and is also a proactive protest, which helps local authorities take note (and ideally action) about the inadequacy of cycle provision in your area. Not sure where to start on this? Cycling UK's campaigns team has you covered with this guide: cyclinguk.org/article/how-organise-bike-bus.

The clocks go back in autumn (boo!) so make sure your lights work. If not, get online and visit Halfords' website (halfords.com), where you can enjoy a 7% discount on a range of cycling kit – including lights.

That golden autumn daylight can be ideal



for photography, so embrace your inner Cartier-Bresson and capture cycling images as the season's change is at its most dramatic. Cycling UK is always on the look out for volunteer photographers, and these days you don't need a fancy camera; a smartphone will do. Read our guide (cyclinguk.org/guide-photographing-cycling-adventures) on how to get the best out of it. You might well find your image gracing a future edition of Cycle...