Why do you cycle?
Getting outdoors, exercise, mental health and journey speed on our reasonable-but-not-perfect Basildon cycling network.

How far do you ride each week?
On a work week not far at all, though I cycle locally most days. Thirty miles?

Which of your bikes is your favourite?
I’m a folding bike geek, so one of my four folders. My most-used bike is a Dahon Speed P8 – comfortable balloon tyres and easy to take anywhere.

What do you always take with you?
My diagram ideas notebook, pen and tablet, if, as usual, I’m off to the café where I draw.

Who mends your punctures?
Me, unless it’s a Brompton rear wheel.

It’s raining: bike, public transport, or car?
Am I allowed, in a cycling magazine, to say walk, with a big umbrella?

Lycra or normal clothes?
Normal clothes, though I love cycle-specific, pub-friendly kit.

If you had £100 to spend on cycling, what would you get?
I’d browse unnecessary eBay bikes for days, then buy a bikepacking bag.

What’s your favourite cycle journey?
The Granite Way, skirting around Dartmoor from Okehampton over Meldon Viaduct. I stay nearby every year, and it’s beautiful and utterly unlike anything near home.

What single thing would most improve matters for UK cyclists?
For every A-road to have an equivalent safe cycle route running parallel.

Dave Walker
Cycling cartoonist

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Dave’s Diagram Club for cycling cartoon fans is at: davewalker.com/diagramclub

In response to a slim by-election win, Prime Minister Rishi Sunak and his ministers have attacked their own government policy supporting low traffic neighbourhoods and 20mph zones in England. This doesn’t just place new measures under threat, but could see decades-old traffic filters removed to create new ‘rat runs’ through thousands of residential areas. These quiet residential streets are, in much of the country, the only safe cycling routes, especially for children. Voice your objections by writing to the prime minister with our campaign action. Visit: bit.ly/cycle-defend-safe-streets

Want a taster of Cycling UK’s new off-road route, Traws Eryri, which runs for 140 miles from Machynlleth to Conwy in North Wales? Head to our YouTube channel to see the highlights of the route in our short film, which we have produced in both English and Welsh: youtube.com/@cyclinguk. Traws Eryri guidebook writer Guy Kesteven has a more in-depth run-through of what to expect if tackling the route in the wintry months: youtube.com/@GuyKesTV.

Events
Scottish Gathering
Two record-breaking cyclists top the bill at the Cycling UK in Scotland Annual Gathering on Saturday 28 October in Dunblane. Mountain and gravel bike rider Kerry MacPhee will talk about her recent record on the Inverness-to-Glasgow Badger Divide route and her passion for getting more women and riders of non-standard cycles into off-road riding. Also speaking is multiple world record holder Christina Mackenzie, who recovered from serious injuries sustained in a hit-and-run to compete in the Gran Fondo at the UCI Cycling World Championships. To book your free ticket, which includes lunch, visit cyclinguk.org/scotland-gathering.

Protect your cycling neighbourhood
In response to a slim by-election win, Prime Minister Rishi Sunak and his ministers have attacked their own government policy supporting low traffic neighbourhoods and 20mph zones in England. This doesn’t just place new measures under threat, but could see decades-old traffic filters removed to create new ‘rat runs’ through thousands of residential areas. These quiet residential streets are, in much of the country, the only safe cycling routes, especially for children. Voice your objections by writing to the prime minister with our campaign action. Visit: bit.ly/cycle-defend-safe-streets