

Please find below links to some statistics on child health and physical activity levels which may be useful in tailoring your letter to your local area:

England

- [Nationwide and regional statistics on child obesity: National Child Measurement Programme - England, 2015-16.](#)
 - [Tables 2, 3a and 3b in these data tables \(also downloadable from the above link\) outline child obesity rates by region](#) (downloadable data tables)
- [Nationwide statistics on child physical activity in England](#)
 - [Data tables based from the above link, Table 12 sets out children's participation in active travel to/from school based on age and sex](#) (downloadable data tables)

Wales

- [Nationwide and regional stats of child obesity: National Child Measurement Programme - Wales, 2015-16](#)
 - [Child Measurement Programme: Data Tables 2015/16](#) (downloadable data tables)
- [Nationwide statistics on child physical activity in Wales](#)

Scotland

- [Nationwide stats on child physical activity and obesity 2016](#)
 - [See tables for Chapter 3, 3.5-3.8 for physical activity, Chapter 5, 5.5-5.6 for obesity](#)

Northern Ireland

- [Nationwide stats on child obesity \(under 16\)](#)