

CYCLISTS RIGHTS.

The local group and CTC/Cycling UK as a whole constantly keep an eye on any new road schemes or alterations to existing roads to ensure that access and use by cyclists is not affected and also to press for better facilities & recognition for cyclists. We try to ensure that the needs of cyclists are taken into consideration along with those of motorists, for instance where new major road schemes are done there should be a safe alternative for cyclists. To this end we take part in consultations with County & District authorities on cyclists' rights both on and off-road.

The local group is also affiliated to Sustrans, the Railway Path & Cycle Route Construction Charity, which builds and gives advice on cycle paths and routes all around the country.



Founded in 1878

The Cyclists' Touring Club

For more information you can contact one of the Secretaries listed on the back or visit the East Sussex CTC Website at:-

www.eastsussexctc.org.uk

where full details of all rides and events are listed, as well as reports on past rides, links to other cycling groups and a very useful list of local tea rooms in East & parts of West Sussex.

CONTACTS For further information

EAST SUSSEX SECRETARY

MIA HAMILTON, 89 MANOR PARK ROAD,
HORSEBRIDGE, HAILSHAM. BN27 3AU
☎ 01323 652377
E-MAIL: ctceastsussex@gmail.com
www.eastsussexctc.org.uk

GROUP CONTACTS

HASTINGS & ROTHER GROUP

MARIAN JONES (Rides Contact)
☎ (mob.) 07788 570658)

MIDWEEK GROUP

ANDY CACKETT (SECRETARY)
☎ (01892) 750563
E-MAIL: andycackett8@gmail.com

SEAFORD & NEWHAVEN RIDES

ANN RIX (SECRETARY)
3 SUTTON DROVE, SEAFORD, EAST
SUSSEX. BN25 3EU
☎ (01323) 894283

GEOFF'S OLD BIKE RIDES

GEOFF BOXALL
☎ 01273 813917

NATIONAL HEADQUARTERS

CYCLING UK,
PARKLANDS, RAILTON ROAD,
GUILDFORD, SURREY, GU2 9JX
☎ (01483) 238337
E-MAIL: cycling@cyclinguk.org.uk
Website: www.cyclinguk.org

Cycling UK is a trading name of the CTC

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No 1147607 & in Scotland No. SC042541.*



we are
cycling
The cyclists' champion
UK

East Sussex CTC

An Introduction to East Sussex Cyclists' Touring Club



Four Groups Offering:

**A Regular & Varied
Programme of Rides**

Camping & Hostelling Weekends

Weekend & Longer Tours

www.eastsussexctc.org.uk

The East Sussex CTC local group exists to organise rides and special events for Cycling UK/CTC members in the East Sussex Area. However, anyone may come along to try out Club riding or take part in one of our events, we simply ask that after 3 or 4 rides, if you are not already a member, then you join the CTC/Cycling UK, since membership gives you third party liability insurance and free legal aid for cycle related matters - we hope you never need it, but it's good to know it's there!



A ride with the Midweek

The local group consists of people from a wide range of backgrounds but with a common interest - CYCLING. We are a touring Club, not a racing one, and everyone is welcome whatever their ability or age - though we do ask younger riders (under 16) to bring an adult along.

We offer the opportunity to ride in company, to explore some of the less well known parts of our area, and to enable you to meet others with an interest in cycling & the outdoors.

The local group has 4 Sub-groups; 2 catering for different areas of the county, 1 with occasional Saturday rides and a Midweek Group which attracts members from all areas. If you are interested and would like to find out more please feel free to contact one of the officials listed on the back of this leaflet for details of membership and/or local rides and events. We produce a free Runs List & Newsletter - see Local Benefits.

If you are thinking of coming out but are new to cycling or club riding it is a good idea to check first with the relevant Secretary as to the suitability of a particular ride, especially if you have not done much cycling in the past.



Ditchling Beacon

BENEFITS OF CTC MEMBERSHIP

Free third party liability insurance.

Free legal aid on cycling matters.

CTC shop

Bi-monthly Magazine - "Cycle".

Touring information - at home and abroad - much available to download from the CTC website.

LOCAL BENEFITS.

Bi-monthly Runs List & Newsletter, which lists forthcoming rides & events, plus reports on what the local group members have been doing.

Available free on rides, or can be downloaded from the Group Website - see back.

10% discount for CTC members at Phoenix Cycles in Eastbourne – and other local cycle shops usually give a discount to CTC members if asked.

East Sussex CTC Jerseys and badges.

Affiliated to Sustrans (see Cyclists Rights).

GROUP ANNUAL EVENTS

The local group runs a series of special events each year.

The events usually include:-

50 km in 2½ to 3½ hrs.

Randonnees at 50, 80 & 100 km distances.

1066 Country Ride – organized by the Midweek

Hillclimb - a fun event where you estimate how long it will take.

Freewheeling competition - another fun event.

The Group also arranges occasional camping weekends and tours.

NATIONAL & REGIONAL EVENTS

CTC/Cycling UK Birthday Rides. A week long camping & cycling Rally held each year during the 1st week of August.

CTC/Cycling UK York Rally. Held on a weekend in mid-June this is one of the country's largest Cycle Rallies, with lots of events and trade stands.

New Forest Cycle Week. An informal week of camping & cycling at the end of July. Many rides use the Forest tracks.

Mildenhall Festival of Cycling, Suffolk. August Bank Holiday. Camping weekend inc. rides, racing & trade stands.

The CTC/Cycling UK Nationally also run a series of tours each year both at home and abroad, which are open to all members.