

EYCTC Committee “Coping with Covid Protocol”

As a committee we have decided to make a formal statement about how we think members should behave in a situation that may develop now that lockdown has been eased.

This is the protocol that we have devised:

As an organised group we have a responsibility to ourselves, to others, to Cycling UK, to the cycling community at large and of course to the general public.

This is what we suggest:

IF YOU HAVE EXPERIENCED ANY OF THE FOLLOWING:

Being “Pinged” by the NHS Covid App OR

Being contacted by Test & Trace OR

Having a “ZOE” trigger to get a test (those that are participating in that or any similar trial or research project) OR

Having any symptoms that MIGHT be Covid-related OR

Are awaiting the result of a PCR test OR

Having any reason to take or request a test

THEN PLEASE:

***DON'T RIDE* WITH OTHERS UNTIL YOU HAVE (subsequently) HAD A NEGATIVE TEST RESULT**

AND

HAVE SAT OUT ANY RECOMMENDED ISOLATION/QUARANTINE PERIOD.

We hope that this will cover all eventualities and avoid us having to suspend organised club rides. This protocol may need tweaking from time to time as the pandemic runs its course.

EYCTC Committee
20/7/2021