

Founded 1878

Cyclists' Touring Club

Burnley & Pendle CTC

<http://www.burnleyandpendlectc.co.uk>
Secretary: John Ramsden, Tel (01282) 712185
E-mail: john.ramsden@burnleyandpendlectc.co.uk



RIDES -- Sept - Dec 2020

Date	Run	Destination	Lunch	Meet	Time
September					
6 Sep 2020		Inskip	Roots	Springwood / Longridge	9:00 / 10:00
13 Sep 2020		Malham	Malham	ESSE	10:00
20 Sep 2020		Stainforth Foss	Little Stainforth	Gisburn	10.00
27 Sep 2020		Skull Road	Burnsall	ESSE	9.30
October					
3 Oct 2020	XS	Bolton By Bowland	Bolton By Bowland	Spring Wood	10.00 JR
4 Oct 2020		Guild Wheel	Roots	Springwood / Longridge	9:00 / 10:10
7 Oct 2020	Mid	Malham Cove	Malham	ESSE	9.30
11 Oct 2020		Grass Wood	Grassington	ESSE	9.30
18 Oct 2020		Little Bowland	Chipping	Spring Wood	10.00
25 Oct 2020		Thwate lane	Clapham	Gisburn	9.30
November					
1 Nov 2020		Stocks Res	Tosside	Gisburn	9.30
04/11/2020	Mid	Lickhurst	Beacon Fell	Spring Wood	10.00
7 Nov 2020	XS	Sawley	Chatburn	Gisburn	10.00 HT
8 Nov 2020		Otterburn	Airton	ESSE	10.00
15 Nov 2020		Paythorn	Garden Makers	Spring Wood	10.00
22 Nov 2020		Thorpe	Cracoe	ESSE	10.00
29 Nov 2020		Bradley	Skipton	Lanshawbridge	10.00
December					
2 Dec 2020	Mid	Downham	Chatburn	Spring Wood	10.00
5 Dec 2020	XS	Bell Busk	Hellifield	ESSE	10.00 HT
6 Dec 2020		St Helens Well	Airton	ESSE	10.00
13 Dec 2020		Roam & Wham	Settle	Gisburn	10.00
20 Dec 2020		Beacon Fell	Beacon Fell	Spring Wood	10.00
27 Dec 2020		Cracoe	Cracoe	ESSE	10.00

COVID-19 Restrictions - All riders must be familiar with Cycling UK's COVID-19 policy, links on our website: <http://www.burnleyandpendlectc.co.uk/home/new/item/203-a-return-to-club-cycling.html>

In case of inclement weather please check social media or web site as we may decide to cancel the ride at short notice

Notes:- XS = Extra Short (beginners) ride. Mid: Midweek social ride. Normally rides are between 40 and 50 miles (or more when from the earlier of alternate start times)
Contacts: John Ramsden 712185, Jim Duerden 453061, David Tinker 774828, Ian Lowcock 812842, New Rider Enquiries - Harry Taylor 07522 343181

Extra Short Rides. Easy paced rides of approx 20 miles on quiet lanes. Any bike is OK as long as it's roadworthy. Bring spare innertube and waterproof jacket.
Contact Harry (Tel 695728, M 07522 343181) or harrytaylor1950@hotmail.com

Midweek Ride Approx 40 – 50 Miles at a steady pace

Evening Social Rides. Meet Tuesday 6:30 pm opposite The White Bear Pub, Gisburn Road, Barrowford and finish at the Cross Gaits, Blacko. 15-20 miles on quiet lanes. All welcome. Contact matt.hargreaves@burnleyandpendlectc.co.uk.

Please report any problems with local roads to the Lancashire County Council hotline 0845 053 0011

Riders new to club riding are welcome on all our rides, although the Extra Short rides are especially suitable.

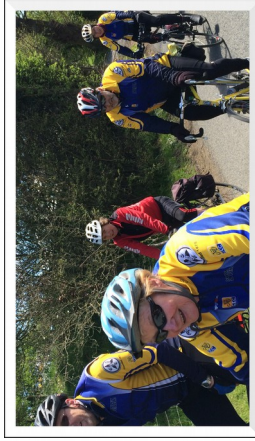


Burnley & Pendle

Cyclist's Touring Club

Who we are ...

...a non-competitive cycling club with rides of varying lengths and duration. We emphasise reasonable pace and sociability and our rides are always set to the pace of the slowest rider. Nobody will be left behind, and we take time out to look at the scenery and have café breaks. Our rides list is overleaf but if want more information, please feel free to contact us.



Our rides ...

Monthly Beginners Rides of 10 to 20 miles – Easy paced rides on quiet lanes for a couple of hours including a refreshment stop. Any roadworthy bike is OK for these rides, but please bring a spare inner tube and a waterproof jacket. You'll experience social riding with a friendly group who can also advise on choice of appropriate cycles, equipment and clothing.

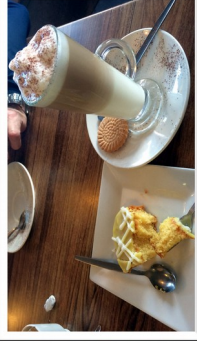
Regular Weekly Rides

Tuesday Evening Social Rides of 15 to 20 miles
Sunday Short Rides of approximately 40/45 miles
Sunday Medium/Long Rides of 50 miles plus

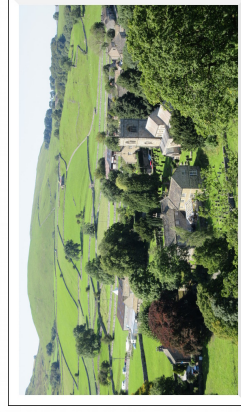
See the rides list on the reverse for full details.

We also arrange weekends away, and social activities throughout the year such as quiz nights, slide shows, bowling nights etc.

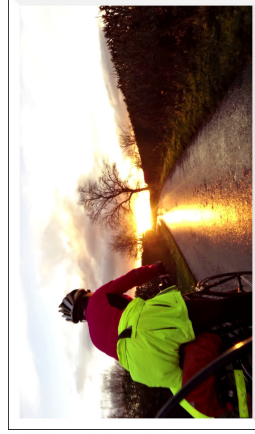
What do recent new members say ? ...



Pete says "When I started cycling I would do 6 miles on my own and would look like Ribena Man when I got back. I quit smoking and had put on a lot of weight so I decided to give club cycling a try. I joined about 15 months ago and now I regularly cycle 40 miles chatting to other riders. I'm in my 50's and discovered roads and routes I wouldn't find on my own, which are generally quiet and in lovely countryside. I also enjoy the café stops!"



Margaret says "The club is more about having a good time and enjoying the wonderful countryside rather than riding hard or being the fastest over sections. I always look forward to my Sundays. It's a great group of people. There's no need to worry about what to do if you get a mechanical issue, what clothing to wear (Lycra not compulsory!), or what kind of bike you have as long as it's roadworthy – just come along and give it a try."



Please note that ride times occasionally vary due to unforeseen weather conditions and ride leader availability. Please check our website for any last minute changes / cancellations.

<http://www.burnleyandpendle.ctc.co.uk>



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