



CTC SUFFOLK SUNDAY RIDES from Ipswich

Coordinator: **Kathryn Kirton 07815 198 316**

Start: Sunday Rides leave from Crown Pools at **9.30am** sharp unless otherwise shown.

It is advisable to carry **FOOD AND DRINK** as this is **not always available** at the lunch stop. **For the Leisurely Paced Rides** lunch is generally a **picnic**.

Date	Start	Type	Elevenses	Lunch	Tea	Leader	Email or Mobile
20 September	09:15	LP	Marsh Barn Café, Hollesley Bay	Blaxhall	Woodbridge	Philip Hancock	hancocks82@gmail.com
		MP		Orford Tea Room	Woodbridge	Anna Brennan	07530 070 587
27 September		LP	Ashfield Village Hall	Eye	The Teapot, Stonham Barns	Margaret Hancock	hancocks82@gmail.com
		MP		Laxfield	Valley Farm Café	Ian Harland	07917 766 658
04 October		LP	Dedham	Polstead	Hollow Trees, Semer		
		MP	Brunch ride to Bures			Paul Fenton	07484 643 356
11 October		LP	Wheeler's, Hadleigh	Ringshall	Wood Farm, Crowfield	Paula Roberts	07941 303 913
		MP		Sudbury Wetherspools	Hadleigh	Paul Fenton	07484 643 356
18 October		LP	Alder Carr	Wickham Skeith	Courtyard Café Crowfield	Andy Terry	07922 772 001
		MP	Brunch ride to Diss				
25 October		LP	Cliff Top Café Felixstowe	Waldringfield		Jon Waite	07710 046 845
		MP	Butley Village Hall (Ruff Stuff ride)	Orford		John Warren	07812 811 779
01 November		LP	Church View Café, Mistley	Higham		Philip Hancock	hancocks82@gmail.com
	09:15	MP	Assington	Lavenham		Anne Hobbs	07787 313 559

Date	Start	Type	Eleveneses	Lunch	Tea	Leader	Email or Mobile
08 November		LP	Ashfield Village Hall	The Greyhound, Framsden		Margaret Hancock	hancocks82@gmail.com
		MP		Leader's Choice		John Warren	07812 811 779
15 November		LP	Coffee & Cake Shotley Vineyard	Alton Water		Joanne Tong	joanne4tong@gmail.com
		MP	Craft Nurseries, Ardleigh	Wivenhoe			
22 November		LP	Courtyard Café Crowfield	Harleston Church (Suffolk)		Andy Terry	07922 772 001
		MP	Brunch ride to Framlingham			Anna Brennan	07530 070 587
29 November		LP	National Trust Tea Room, Flatford	Elmsett		Philip Hancock	hancocks82@gmail.com
		MP	Leader's Choice (wind assist return)			Paul Fenton	07484 643 356
06 December		LP	Camargue Café, Valley Farm	Earl Soham		Andy Terry	07922 772 001
		MP	Framlingham	The Ox Café, Yoxford Antique Centre		John Warren	07812 811 779
13 December		LP	Heart's Delight, Lawford	Tattingstone		Margaret Hancock	hancocks82@gmail.com
		MP	Leader's Choice			Ian Harland	07917 766 658
20 December		LP	Christmas Lunch – Campsea Ashe? (*TO BE CONFIRMED) Eleveneses at Snape for MP ride				
		MP					
27 December			Butt & Oyster Pin Mill				