

My Favourite Ride #12

Broad Haven loop from Penparc N Pembs

A circular ride starting and finishing at Penparc, (Square and Compass) N Pembs.

Distance 39 miles. Total accent 2,790 feet. Max elevation 410 feet.

Terrain: Lanes, B Roads, some short sections of A Roads. Moderate.

This ride starts at a T Junction at Penparc and the A487 SA62 5JL 51.936213, -5.135933
Google Plus Code WVP7+FJP Haverfordwest

From the start at T junction we turn right onto the A487 for about a mile as far as the cross roads at Croes-goch, we turn left here on the B4330 for just over 3 miles and then right onto a lane taking us all the way to Penycwm. We meet the A487 and turn left toward Newgale and down Newgale Hill and along the sea front. We are on NCR4 are we follow this along the sea front of Newgale sands and up and along the cliff top, down into Nolten Haven and up again, then down again into Druidston and up again to the cliff top before the descent into Broad Haven. We stop for refreshments here and admire the long sandy beach.

After refreshments we return the way we came, a long climb out of Broad Haven followed by some more ups and down until the final big climb of the day up Newgale Hill, a nasty one this because it is the main A487 and we will be followed by traffic. We pause for breath at the top at Penycwm and admire the views from the laybye / Bus stop. We continue on the A487 toward St Davids for 1 mile then turn right following NCR4 toward the old RAF Brawdy, we follow NCR4 through Middle Mill and up a hill to Whitchurch and onward to join the A487 again just outside St Davids. NCR4 takes us through the centre of the City and down into the grounds of the Cathedral, across a small bridge and another climb out crossing straight over the B4583 near Whitesands Bay, we follow NCR4 going past the turn for Abereddy and through Llanrhian and back to Penparc.

Newgale Beach



NCR4 Newgale to Broad Haven



The only way is up

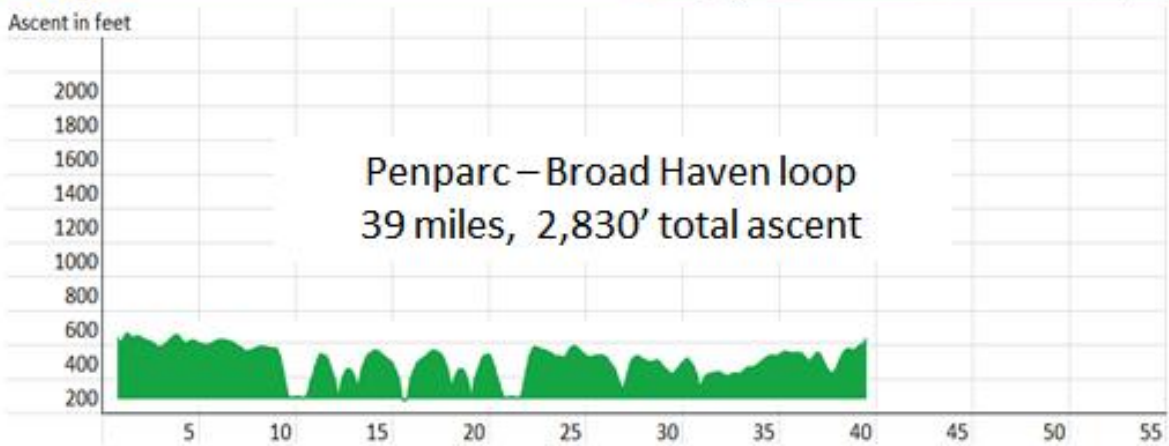


Druidston



The Cathedral in the evening





To download this route: <http://routes.swanseacycling.co.uk/events/event/broad-haven-n-pembs>

Event #429