

CTC SUFFOLK SUNDAY RIDES from Ipswich

Coordinator: Michael Scott 07784766838

Start: Sunday Rides leave from Crown Pools at 9.30am sharp unless otherwise shown.

It is advisable to carry **FOOD AND DRINK** as this is **not always available** at the lunch stop. **For the Leisurely Paced Rides** lunch Is generally a **picnic.**

Date	Start	Type	Elevenses	Lunch	Tea	Leader	Email or Mobile
2 nd November		LP	Ashfield Village Hall	Easton		Stephen Read	stephen.read33@ntlworld.com
		MP		Dennington Neat House		John Warren	jkdwarren@googglemail.com
9 th November		LP	Barn Café Hasketon	Butley		Paula Roberts	pepelemoko33@hotmail.com
		MP	Station House Campsea Ashe	Orford			
16 th November	09.15	LP	Fred's Coffee Lounge White Hart Boxford	Chelsworth		Andy Terry	andy@terrys.org.uk
		MP	Mill Street Deli Nayland	Lavenham			
23 rd November		LP	Shotley Shipwreck	Tattingstone		Stephen Read	stephen.read33@ntlworld.com
		MP	Marsh Barn Hollesley	Little Glemham			
30 th November		LP	Flatford	Kersey		Paula Roberts	pepelemoko33@hotmail.com
		MP	Fillpots GC Boxted	Bradfield			
7 th December		LP	Courtyard Café Crowfield	Debenham		Stephen Read	stephen.read33@ntlworld.com
		MP	Brufords Debenham	Peasenhall		Derek Worrall	worrallderek@hotmail.co
14 th December		LP	First Coffee Clopton	CHRISTMAS MEET AT			
		MP		CAMPSEA ASHE			