

'Learn to fix event' quick guide



Delivery Partner Responsibilities

Decide who is going to do what.

Teach technical skills regarding repair and maintenance of a bicycle.

Provide demonstration, instruction, monitoring and tailored feedback on technique to the learners.

Increased maintenance knowledge will save money on bike repairs.

Receive direct feedback on their technique by an expert.

Enjoy the social experience of repairing your bike with others.



Participant Takeaways

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Planning Tip

Choosing your Style

There are two styles to choose from when running a learn to fix event, detailed below there is option 1 "class style" and option 2 "bike kitchen" style.



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Procedure

Greeting

Greet participant, explain the session and "pitch" the Cycling UK survey to collect names and emails. Next you can get them set up with the appropriate space and tools.

Option 1: Class Style

Class Style involves mechanics instructing participants as one group on a topic, demonstrating the steps one by one, asking participants to have a go and provide them with feedback.

Tip #1: State when there will be set times for questions e.g. after each demonstration and as the mechanic goes circulates and monitors participants at work.

Tip #2: Plan your classes around a different topic each week, e.g. bike puncture, brake pads, etc.

Option 2: Bike Kitchen

Bike Kitchens involve the participant working on their own bike and receiving tailored advice as and when needed, generally on a 1-to-1 basis. Mechanics should ask participants what the issues with their bike are (diagnose these if unknown) and how much help they would like with repairing it.

Tip #1: Though the focus is still on learning, some participants may know how to repair their bike but require tools.

Tip #2: Set up time slots before hand to make it easier for mechanics to spend time with everyone.

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Behaviour Change Tips

Keep it Social

Don't forget the importance of a casual chat, the social support in learning is often what participants are looking for at these events. Friendly laid back conversations make all the difference.

Buddying Up

Ensure there are enough tools for all participants. Alternatively, if tools are limited participants can buddy up to make sure everyone gets a chance to use the tools they need. This also creates a more social experience.



Signpost Participant

During the event, find out what the participant needs next for their cycling and help point them to:

- Upcoming learn to fix events.
- Upcoming led rides for beginners.
- Encourage them to get involved in their local community cycle club.