**COVID-19 Self Declaration**

The safety & well-being of our staff, supplier partners, families and fellow cyclists remain our overriding priority. As the Coronavirus disease (COVID-19) outbreak continues to evolve and spreads globally, our Management Team are monitoring the situation closely and will periodically update company guidance based on current recommendations from the UK Government and the World Health Organisation.

To prevent the spread of COVID-19 and reduce the potential risk of exposure to our staff and your fellow cyclists, we are conducting a simple screening questionnaire. Your participation is important to help us take precautionary measures to protect you and everyone on the day of this event. Thank you for your time.

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| **Self-Declaration** | | |
| 1 | Have you returned to the UK from a high risk country within the last 14 days? | Yes / No |
| 2 | Have you tested positive for coronavirus? | Yes / No |
| 3 | Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 14 days? | Yes / No |
| 4 | Have you experienced any cold or flu-like symptoms in the last 14 days (to include fever, dry cough)? | Yes / No |

**If the answer is “yes” to any of the questions, you should NOT take part in this event.**

It is recommended that you follow Government guidelines to self-isolate

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

Email [ride@thepedalrevolution.co.uk](mailto:ride@thepedalrevolution.co.uk) **BEFORE** the date of the event and your entry will be transferred to a future date event. If you tell us after the date we are unable to transfer your entry