





Start Eskbank Station > Dalhousie Road > roundabout [0.6] > A6094 > Dalkeith > A6094 > roundabout [1.9] 2<sup>nd</sup> exit > follow road to Kippilaw roundabout [2.8] > A6106 to A68 bridge [4.7] > 2nd left on minor road > Fordel Dean > A6093 [5.7] turn left > Pencaitland [10.3] > turn right at the monument on to B6355 > after the bridge, turn first left for Middlemains [11.7] > minor road > turn right at T junction [12.8] > minor road > turn left at junction (ignore "NCN196") [13.2] > minor road > turn left on to B6355 [14.2] > turn right on to B6368 [14.8] > Humbie [19.5\*] > B6368 > Soutra Farm [22.1\*] > turn north A68 (pavement can be ridden) > past Fala > turn left on to B6458 [24.7] > Tynehead [27] > keep left on B6367 > turn left on to A7 [28.3] > Heriot [30.6] turn right on to B709 > turn left at Garvald Lodge [35] and follow B709 to Innerleithen [44.8\*] > join the Tweed Valley Cycle Path > Peebles [51.6\*] > join A72 > turn left for Lyne Station [54.7] > (ignore right turns) join B712 [55.6] > Stobo [57.2] > B712 > Dawyck [59.2\*] > B712 > Drumelzier [61.1] > B712 > turn right on to A701 [62.6] > turn left signed "Coulter" [63.6] > follow sign to "Hartree" (ignore left fork) [64.7] > Biggar [70,2\*] > leave by B7016 (signed "Carnwath") > at fork with "Carnwath" sign (bear right leaving B7016) [71] > follow this minor road to A721 [73.8] turn right > Elsrickle [74.3] > follow A721 to cross A701 at the "Red Barn" [76,1\*] > follow A721 to A72 [78.3] turn left > Blyth Bridge [79.3] > A701 past Rommano Bridge to turn left onto B7059 [82.7] > West Linton [85\*] > turn right at end of village, leave by the "Auchencorth Moss" road > Penicuik [92.8] turn right directly after the bridge to join NCN196 cycle route > and follow to Rosewell [97,2] and Eskbank [100 hurrah!]

[\*] Possible toilets / refreshment.. figures are miles.

Find the GPX at [https://gb.mapometer.com/cycling/route\\_5347713.html](https://gb.mapometer.com/cycling/route_5347713.html)