



Southampton CTC Leveret 50 km
For Cycling UK members and non-members
Sunday 18th August 2019 9.30 am (Check in 9.00)

Cost: £ 4.00 Cheque payable to Southampton CTC Send **to:** A Baker First Floor, Dale View, 3 Hollybrook Rd, Southampton SO16 6RB By Friday 16th August 2019

Or **PayPal** £4.00 to a.baker736@btinternet.com

RIDE INFORMATION: Approx distance: 50 km Starting in Romsey and finishing approximately 3 miles from the start, the route passes through Farley Mount Country Park, King's Somborne and West Tytherley. There are climbs to 144 m and 111 m. This is an event for riders who have some experience but prefer a leisurely ride in the countryside. It is advisable to carry OS maps 185 and 184 or some means of navigation other than the route sheet. The route passes along a number of minor roads many of which are poorly maintained. There are many potholes and in places, these roads are badly drained.

ADDITIONAL NOTES: Public roads and rights of way will not be closed and therefore entrants must be aware of other users, ride safely and follow the Highway Code. You should take in to account the variety of riding styles and abilities, and the likelihood that you will catch up with groups of cyclists along the way. Take care not to reduce your standard of cycling when consulting route sheets.

Details of participant: *(Please use BLOCK CAPITALS)*

First name: **Surname:**

Address:

..... **Postcode:**

Mobile Tel No:..... **Email:**

Cycling UK Membership No. (if applicable)

If you are not a Cycling UK member please sign disclaimer below.

Date of birth if under 18:

(Parental Consent form opposite must be signed if under 18)

Emergency contact's name:

Emergency contact's phone:

Disclaimer for non CUK members.

I agree that I understand and will abide by the terms and conditions required by Cycling UK for the safe participation in this activity and to act responsibly and adhere to the rules of the road and countryside. Marshals, if they are used, are solely to indicate the direction and it is my responsibility to ensure that any manoeuvres are carried out safely. I hereby maintain that I am fit and healthy enough to participate in this activity and my cycle is in a safe, legal and rideable condition. I also accept that Cycling UK cannot be held responsible for any personal injury, accident, loss, damage or public liability during the event.

Name: Date: Signature:

Cycling UK rides are covered by Organisers Public Liability Insurance and Cycling UK members are covered by third party insurance. Cycling UK will not disclose the information on this form to any other organisation. We would, however, like to keep you informed about future rides and events organised by us. If you do not wish to be contacted in the future, please place a tick in this box:



PARENTAL CONSENT FORM

Notes for Parents & Guardians

All participants under the age of 18 must have a signed Cycling UK Parental Consent Form. The only exemption is where a young person having reached the age of 16 can prove that they are no longer living with their parents or guardian and are living as an independent adult. This needs to be proven by the supply of evidence such as a rent book or utility bill with the person's current address and their name or a National Students Union membership card.

The minimum age for unaccompanied children on this event is 13. There is no lower age limit if accompanied by a responsible adult acting in loco parentis, but a signed parental consent form is still needed. Children aged 13 to 17 may participate unaccompanied if they have parental permission and the parental consent form is signed.

Parents or guardians must be aware:

- of the demands of this cycling event and that they alone make the decision about the ability of their child to complete the ride.
- that the child may cycle with other adults and / or with children, but that there is also a likelihood of the child cycling on their own.
- that while Cycling UK extends a welcome to cyclists of all ages and abilities, no special provision for children is provided on this event.

Arrangements to get to and from the ride are the sole responsibility of the parent or guardian.

Cycling UK, its members, agents and other participants may take photographs during the course of this event, mostly for private use but some may be for local or national publicity purposes. It may be difficult to ensure that photographs in which your child appears will not be used in any way.

If you have concerns about this please speak to the leader/organiser.

I consent for the child named opposite to participate in the cycle ride listed. I have read and understood the notes above.

Signature of parent or guardian.....

Name (BLOCK CAPITALS):