

FREE BIKE DOCTOR & ADULT GUIDED RIDE IN YORK

Wednesday 19th October 2022 outside Tang Hall Community Centre

(alongside Your Café 11am – 12:30pm)

Drop in Bike Doctor 10am to 1pm

Bring your bike for a free safety check & basic repair. Look for the Bike Doctor sign & gazebo.

Adult (18+) guided ride at 1:30pm

Small group guided ride up to 45 mins to help regain your cycling confidence, ideal for new and novice cyclists.

No bike? No problem! Borrow one for free.

Pre-booking via Eventbrite is essential as places are limited:

www.eventbrite.co.uk/e/free-adult-guided-ride-on-wed-19-oct-attang-hall-community-centre-tickets-430876883357

Delivered by local charity, Everybodyscycling.org.uk











