

FREE BIKE DOCTOR & ADULT GUIDED RIDES IN YORK

Tuesday 18th October 2022 at Get Cycling, Fulford, YO10 4DZ

Drop in Bike Doctor 9am to 12 noon

Bring your bike for a free safety check & basic repair. Look for the Bike Doctor sign & gazebo.

Adult (18+) guided rides starting at 12:30pm, 1:15pm & 2pm

Small group guided rides up to 30 mins to help regain your cycling confidence, ideal for new and novice cyclists. No bike? No problem! Borrow one for free. Pre-booking via Eventbrite is essential for rides as places are limited:

12:30pm ride: <u>www.eventbrite.co.uk/e/free-adult-guided-ride-1230-get-cycling-fulford-tickets-430865108137</u> 1:15pm ride: <u>www.eventbrite.co.uk/e/free-adult-guided-ride-115-get-cycling-fulford-tickets-430873312677</u> 2pm ride: <u>www.eventbrite.co.uk/e/free-adult-guided-ride-2pm-get-cycling-fulford-tickets-430874787087</u>

Delivered by local charity, Everybodyscycling.org.uk

Department for Transport



#BigBikeRevival