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## Swansea and West Wales CTC Secretary's Report for 25-26

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To: Members Cycling UK Swansea and west Wales  
From: Ian Davies, Secretary  
Date: 29-Mar-2026

In preparation for the AGM on Monday 20-Apr-26 at the Swansea Yacht Club 19.00, I am sending my report to members in advance of the meeting to ensure members are informed. There may be issues included in the report that you may wish to comment on or discuss.

### 1. Secretary's Report:

1.1 Membership of Cycling UK – there were 414 members on 29-Mar-2026 listed on our member group which includes post codes SA1 – SA33. 47 less than last year. Neath Port Talbot – Carmarthen – Llandovery.



## 1.2 Rides and Riding Activities;

### 1.2.1 Rides Programme and Statistics

Between 01-Apr-25 and 29-March-26 (12 months),

Number of rides - 223

Distance of the 223 rides - 8,624 miles

Number of riders on the 223 rides - 2,053 (Includes guests and visitors)

Total distance covered by the 2,053 riders - 76,295 miles

Male riders 1,581, 77%. Female riders 472, 23%

Rides under 30 miles + coffee rides - 45

Rides 30-39 miles - 80

Rides 40-49 miles - 63

Rides 50 - 59 miles -24

Rides 60 + miles - 11

Average ride distance 39 miles,

Shortest 14 miles, Longest 102 miles

Average number of riders per ride 9.2

Top 6 attendees:

Elaine Rohman 90 rides. 3,330 miles

Ian Davies 70 rides. 2,552 miles

Adele Stuart 70 rides. 2397 miles

Stephen Rohman 68 rides. 2,453 miles

Rees Watson 67 rides. 2,367 miles

Nigel Smith 66 rides. 2,506 miles

Distances were based on start points and return and did not include commutes to and from home.

The programme included several away-day rides, a week in Pembrokeshire in May and a week in Wiltshire in September for more Lost Lanes from the Lost Lanes book Central England.

Tours/rides arranged for 2026 include:

- Mid Wales (Rhayader) 5 days in May
- The Swansea and Gower Cycling Festival at the end of May
- Lost Lanes, one week in Sept in the Peak District.

### 1.2.4 Facebook. – CTC Swansea

The membership currently stands at 496, not all CTC Swansea cyclists! It has once again proved to be an excellent medium for communication for the group; it contains the rides programme, information about rides, comments and pictures of rides etc.

### 1.2.5 Web Page. – [www.cyclinguk.org/local-groups/swansea-and-west-wales](http://www.cyclinguk.org/local-groups/swansea-and-west-wales)

For members not on Facebook, the Cycling UK web site includes a page for all member groups, we have our own page “Swansea and West Wales” and this also contains the Rides programme as well as a Notice Board and Events facility which includes the GCF. I have also created a page for my 30 favourite rides over 30 years with CTC Swansea which include some history about the places we cycle through.

In addition to Facebook and the web, a WhatsApp group has been created and subdivided into

several categories, this group is for riding members only and not visible to anyone outside the group.

#### 1.2.6 Ride leaders

The Head Office register of leaders is never accurate to reflect current leaders but all our current leaders are registered. The CTC Swansea register shows 19 possible leaders. It is not an easy task to prepare routes, evaluate the risks and keep everyone on the ride content, there has always been difficulty getting leaders to volunteer to lead rides. My thanks to all of the ride leaders for their patience and endeavour.

The top 5 leaders for the period 25-26 were:

Ian Davies 56 rides  
Elaine Rohman 40 rides  
Simon Jenkins 31 rides  
Mike O'Driscoll 18 rides  
Nigel Smith 17 rides

#### 1.2.7 Ride members

Some additional information requested for the end of year submissions to Cycling UK for 25-26 was data relating to ride members, how many we have listed as active, how many rides did members do and what are the age categories of our ride members?

##### 1.2.7.1 Number of rides for members

In my spreadsheet which is updated every year I have 77 names that have ridden with us in this period, guests and festival are riders NOT included. New names are added as new riders join and names are deleted when a new year starts if a member is inactive or left.

Cycling UK specified an active/regular rides is someone who attends approx. once a month, for this purpose I have based the data on 10 rides. On that basis, we have 48 regular / active riders that have attended for 10 rides or more.

The list is shown below for the 77 riders:

Less than 5 rides – 12  
5 to 10 – 16  
11 to 20 – 12  
21 to 30 – 9  
31 to 40 – 11  
41 to 50 – 8  
51 to 60 – 2  
61 to 70 – 6  
71 to 80 – 0  
81 to 90 – 0  
90 to 100 – 1

##### 1.2.7.2 Ages of the 77 listed ride members

Under 30 – 0  
31 to 45 – 0  
46 to 55 – 16 (21%)  
56 to 65 – 36 (47%)  
65 and over – 33 (43%)

1.2.8 Ride Leader on Line Training.

Cycling UK have developed an on line interactive training programme, existing ride leaders were the first to be invited to partake in the programme and afterwards it was extended to new and potential ride leaders. We are encouraging as many riders as we can to become ride leaders and this is a very useful and welcoming programme to achieve that objective.

1.2.9 Rides and routes register.

The project to create a register of rides including gpx files which members can access and utilise has been a great success and has been well used. This can be found at <http://routes.swanseacycling.co.uk> You will need to register and create a personal login to gain update access to the register. You can upload your own rides and download rides created by others.

1.2.10 The Gower Cycling Festival.

The CTC Swansea and Gower Cycling Festival took place in May 2025. It was a very successful event requiring an enormous amount of work by the organising team and supporters. The Festival has arranged again for 2026 from Wed 27-May to Sun 31-May

1.2.11 Accidents and Incidents

Nothing to report

1.2.12 2.1 Past 11 years stats comparisons.

Below is a simple table showing the stats since I took the secretary role in 2014

Ride Stats CTC Swansea					18 months							
					11 months	Covid						
Year	14-15	15-16	16-17	17-18	18-19	20-21	21-22	22-23	23-24	24-25	25-26	
# Rides	147	203	226	208	209	181	211	194	201	203	223	
Under 30	N/A	28	32	22	30	22	39	35	37	39	45	
30-39	N/A	78	82	86	83	76	85	80	79	95	80	
40-49	N/A	63	65	62	61	60	59	58	65	50	63	
50-100	N/A	34	47	38	35	23	28	21	20	19	33	
Miles	5640	8058	9122	8339	8412	7133	8133	7316	7627	7402	8624	
Avg distance	38	40	40	40	40	39	39	38	38	36	39	
# Riders	1577	1641	1759	1613	1701	1411	1725	1827	2199	2018	2053	
Avg # per ride	10.7	8.1	7.8	7.8	8.1	7.8	8.2	9.4	10.9	9.9	9.2	

2. Notes for the AGM

2.1 Officers and Committee.

All Officers and Committee members stand down at the end of the calendar year and will need to stand for re-election should they wish to stand.

If I may offer an opinion - It is important we consider planning for the future and have the correct people in place for the management of change, we need to recruit younger members, so we will have to provide the type of rides that appeal to them, these rides may be faster and more demanding, start earlier, maybe Saturday, maybe evenings? I stress these will be “as well as and

Ian Davies

CTC Swansea

not instead of” our current rides. We have lost younger and faster members because we don’t cater for their needs, can we get them back and can we attract new members like that? I consider myself a competent administrator and really enjoy the admin role but I am 74 years old and I am not able to provide the example that potential new members identify with, we need people in place to manage a recruitment and development programme for the future. We also need to consider how we can attract more women riders to join us. If we always do what we have always done, we will always get what we have always got! The thinking that “we are alright as we are” has not worked for the WRU or the Conservative Party in recent times, it may not work for us either, please give this some thought!

It is very important members attend the AGM to discuss these issues and react accordingly.

**Conclusions:**

Another successful year for CTC / Cycling UK Swansea and West Wales, a lot of very hard work has been done to keep this member group functioning, we hope 26-25 will be as successful.

I hope to see you at the AGM Monday 20-Apr -26 At the Swansea Yacht Club 19.00

Sig. 

Ian Davies (Secretary)

Date: 29-Mar-2026