# Welcome

Cycling UK's long-distance routes are ideal for exploring off-the-beatentrack Britain. The new Traws Eryri is no exception, and it's the one that appeals to me most. After a sneak peek of the GPX file, I thought: I know much of this! The route joins the dots between places in North Wales where I've already ridden.

I don't remember the details of every North Wales trip. Fortunately I don't have to: I've written about two of them in Cycle. In the June/ July 2007 issue it was a piece called 'Rails to trails', a tour of North Wales trail centres by bike and train. It took in Dyfi Forest, the Mawddach Trail, Coed y Brenin and Gwydir Forest.

It's curious to see what's changed in the intervening years (I carried a flip-phone then and navigated with paper maps) and what hasn't (I rode a rigid 29er and still do, albeit with 3in tyres). Similarly with a CTC Holidays trip to Llanrwst a few years later that appeared as 'More from your tour' in the Dec 2010/Jan 2011 issue. My photos show one 29er (mine), no dropper posts and no e-bikes.

As well as Gwydir Forest again, that trip included a big-skies-andbridleways ride across the hills on the coast, where Anglesey was visible from high above Penmaenmawr.

Were I to ride the Traws Eryri this year or next, what else would be different? GPS navigation. The prescription glasses I now need for riding. But the landscape would be the same - and just as spectacular.



**DAN JOYCE** Editor

# CONTENTS









is approx. 51,000. Cycling UK is one of the UK's largest cycling membership organisations, with approx. 70,500 members and affiliates



On the cover Riding through

Nant Ffrancon Valley on Cycling UK's Traws Eryri route. By Sam Dugon

# **FEATURES**

#### **30** Traws Eryri

New 130-mile off-road route through the mountains of North Wales

#### 36 Stop, thief!

Getting a bike thief arrested and convicted

#### **47** Cycling champions

Cycling UK's Going the Extra Mile Volunteer Awards

## 50 Astray in Harrogate

Exploring the town and countryside where Cycling UK was founded

#### **PRODUCTS**

#### 18 Shop Window

New products previewed

# 20 Gear up

Components, accessories and books

#### 60 Electric folders

Gocycle G4 and Tern Vektron Q9 on test

#### 66 Islabikes Luath

A scaled-down all-rounder for shorter

#### 69 Cycling cameras

Four ways to shoot on-ride video footage

# **REGULARS**

# 04 Freewheeling

Bits and pieces from the bike world

# 07 This is Cycling UK

England's funding failure for cycling; how Access Bikes is helping people to ride in Scotland; school cycling success in Northern Ireland; and more

# 16 You are Cycling UK

The founder of the More Than a Cyclist campaign

## 27 Letters

Your feedback on Cycle and cycling

#### 43 Weekender

Britain's ultimate pub ride

#### 54 Cyclopedia

Questions answered, topics explained

#### 73 Travellers' Tales

Cycling UK members' ride reports

cycling

james**pembroke** 



President: Jon Snow Chief Executive: Sarah Mitchell. Cyclists' Touring Club, a Company Limited by Guarantee, registered in England No 25185, registered as a charity in England and Wales Charity No 1147607 and in Scotland No SC042541, Registered office: Parklands, Railton Road, Guildford, GU2 9JX, CYCLE MAGAZINE: Editor: Dan Joyce E: editor@cyclinguk.org Designer: Christina Richmond Advertising: Bevan Fawcett T: 0203 198 3092 E: bevan.fawcett@jamespembrokemedia.co.uk Publisher: James Houston. Cycle is published six times per year on behalf of Cycling UK by James Pembroke Media, 90 Walcot Street, Bath, BAI 5BG. T: 01225 337777. Cycle is copyright Cycling UK, James Pembroke Media, and individual contributors. Reproduction in whole or in part without permission from Cycling UK and James Pembroke Media is forbidden. Views expressed in the magazine are those of the individual contributors and do not necessarily reflect those of the editor or the policies of Cycling UK. Advertising bookings are subject to availability, the terms and conditions of James Pembroke Media and final approval by Cycling UK. Printed by: Acorn Web Offset Ltd, Loscoe Close, Normanton Industrial Estate, Normanton, WF6 1TW T: 01924 220633

CYCLING UK: Parklands, Railton Road, Guildford, GU2 9JX E: cycling@cyclinguk.org W: cyclinguk.org T: 01483 238300. Cycle promotes the work of Cycling UK. Cycle's circulation

