Weekend ride JOHN MUIR COUNTRY

 Route name: Dolphin Dunbar Loop. • Start/finish: John Muir's Birthplace, 126 High St, Dunbar, EH42 IJJ (NT 67860 79008). • Maps: OS Landranger 67. • Ride length: 17.5 km (10.9 miles). • Climbing: 70m. • Bike type: Touring bike, gravel bike, hybrid, tandem – anything but a road bike, really. • Ride level: Beginner. • GPX file: cyclinguk.org/weekender-john-muir-country

DOLPHIN DUNBAR Part of Scottish Hostels, Dolphin Dunbar offers great budget accommodation for cyclists, and also offers advice on what to do in and around the town of Dunbar. The interior is entirely recycled from old furniture, and the bright, airy rooms have a pleasant retro, vintage vibe to them.



9 John Muir's birthplace

The house where Dunbar's most famous resident grew up is situated right in the heart of town on the high street. The small museum gives a great insight into Muir's life and his legacy, and is also the start/ finish of the John Muir Way.

The Bridge to Nowhere At high tide you'll

wonder why someone has built a bridge here. At low tide you can find out why, as locals and visitors use the 'Bridge to Nowhere' to walk over the Biel Water to get to nearby Belhaven Beach, which is popular with surfers and kite surfers. **4** John Muir Country Park The park is a popular with all ages and is a great place to enjoy the East Lothian coast, as well as the many trails that span the forest. Barbecue places, benches, a playground and public toilets make this a convenient stop for families.

5 East Links Family Park Providing more than just beautiful scenery, this is another popular place for families, with animal enclosures, train rides, go-karts, bouncy castles and trampolines. If you are just stopping by, a nice restaurant/café will keep you well-fed.



THE DUNBEAR The latest artwork from Kelpies creator Andy Scott is a giant fivemetre-high steel sculpture of a brown bear standing on its hind legs. It celebrates John Muir's biggest achievement: the establishment of National Parks in the US, including Yosemite and Sequoia National Parks.

