Joscelyne is a full-time lecturer from Birmingham who decided to become a ride leader after noticing there was a need for more women to take on the role. Now her volunteering is making a difference locally by improving the skills of members of Sara Park CCC in the Small Heath area of the city.

“The main reason I decided to become a volunteer was because my husband Wayne was leading a lot of the rides for our local Cycling UK-affiliated group, Sara Park Community Cycling Club (CCC), with another male ride leader,” she said. “I used to join most of the rides but we had quite a few female riders and I felt there was a gap in the club for an active female ride leader. So, when the opportunity came, I completed a ride leader’s course and started supporting and leading rides.”

She says it’s been really rewarding, especially helping children and adults to learn to ride. “You see the joy in the faces of both the children and adults as they achieve confidence while developing new skills. As our cycle club is in a multi-cultural and diverse area, we have had some women say they were not encouraged to ride as a child because they were female and they feel so overwhelmed with joy when they learn to ride with confidence.”

VOLUNTEER FOR CYCLING UK
Could you help get more people cycling? Visit cyclinguk.org/volunteer to find out more about volunteering for Cycling UK and to discover the volunteer opportunities in your area.