





The big picture

Nationwide, 9-17 June

BIKE WEEK

BIKE WEEK ENCOURAGES everyone to experience 'everyday' cycling – whether that's cycling to work, school, the shops, or just for leisure – to find out how cycling can easily be part of everyday life. Up and down the UK, there will be hundreds of organised rides, cycle training for all ages, maintenance workshops, and many more events to get involved in, most of which are free. You can find out what is happening near you on the Bike Week website.

Our friends at Love to Ride, who get people cycling using an online platform, are inviting everyone in the UK to register and record their rides during Bike Week and be in the chance to win some ace prizes! See lovetoride.net.

If you run an event for friends, colleagues, or your local club, make sure you register your event on the Bike Week website: you'll receive free public liability insurance, access to free promotional materials, and a great opportunity to promote your activity!

More details online: bikeweek.org.uk.