Welcome

The only intrinsic advantage that the Netherlands has over the UK when it comes to everyday cycling is that it’s flatter. The weather is the same, only with less shelter from the wind. Their roads and traffic problems were once as bad as ours. It wasn’t until the 1970s that the Dutch made a conscious decision to change this. The rest you know.

So when people mutter that the UK isn’t like the Netherlands and that it couldn’t happen here, they’re looking at it the wrong way. The Netherlands was like the UK and it did happen there. We choose how we invest in and design our transport network, and it’s something we can just as easily choose to do differently.

The first lockdown in the spring of 2020 gave an indication of the untapped demand for cycling. Cycling numbers rocketed thanks to suddenly quiet roads. When it’s pleasant, convenient, and feels safe to ride a bike for transport, people do so. Throw e-bikes into the mix and the argument that it’s too hilly to cycle in the UK doesn’t hold water.

There are tentative steps in the right direction here but warm words aren’t enough. For real change we need not just serious investment but serious politicians ready to grasp the nettle of putting up blue signs or painting lines on tarmac.

That’s my take. Turn to page 40 and find out what cycling figureheads from the four home nations think.
Gina Harris
LEJOG record attempter

I am 82 years old and I plan to cycle from Land’s End to John o’ Groats (LEJOG). I will be doing this mostly on my own. My journey will begin on 27 May and I hope to arrive on 23 June, by which point I will have travelled about 950 miles – more if I get lost! If I do manage to complete my challenge, I will be the oldest woman ever to bike the length of Britain. Of course, I will be a lot slower than most people who do it.

In view of my age I won’t be carrying camping equipment but instead will book accommodation along the way. I will not be staying in smart hotels but mainly in hostels and Airbnbs.

I took up cycling at the late age of 50 and joined CTC. I still go cycling with my friends but I am usually the last in the group. I am no sprinter; I am a long-distance plodder. This will be an advantage because, at my age, I could not hope to set a speed record. I have travelled extensively by bicycle in Europe and across America, so it will not be the first long cycle journey I have ever made.

My goal is to raise money for Women’s Aid, whose refuges help women and their children escape from domestic abuse and control. Gina’s Twitter account is @CyclingGina. Her Just Giving site is justgiving.com/gina-harris9

READ MORE ON LEJOG
For LEJOG route details, GPX files, stories, and advice – including Cycling UK’s End to End pack – visit cyclinguk.org/lejog.

Event WELSH FESTIVAL OF CYCLING
CTC Cymru’s Welsh Festival of Cycling is back after a two-year break. It will again be based at Ruthin Rugby Club, which has some of the country’s best cycling on its doorstep. Camping is from Friday 22 until Monday 25 July, with rides organised for Saturday and Sunday. For details and booking: cyclinguk.org/event/welsh-festival-cycling. To volunteer, email Lowri Evans: secretary@ctcchesterandnwales.org.uk
Why do you cycle?
For transport. For the planet. For financial reasons. Those things but ultimately because it makes me feel good.

How far do you ride each week?
Hmm. Dunno. It varies. Ten miles or 1,000 depending on what I’m up to. (1,000 miles would be an exceptional week.)

Which of your bikes is your favourite?
That’s like asking a person to choose between their children.

What do you always take with you when cycling?
A sense of humour and a bike repair kit: pump, tube, tubeless repair, tyre levers, multi-tool with chain breaker.

Who mends your punctures?
I do. I’ll happily mend other people’s too.

It’s raining: bike, public transport, or car?
Bike. But a bike with mudguards.

Lycra or normal clothes?
Normal clothes all the way. My best performing piece of bike clothing is a Fair Isle sweater.

If you had £100 to spend on cycling, what would you get?
RideWithGPS and OS Maps subscriptions so I can plan fun adventures.

What’s your favourite cycle journey?
Any A-to-B traverse of a mountainous region that involves some element of hike-a-bike, such as the GR5 from Geneva to Nice in the French Alps or the Fisherfield traverse in the Scottish Highlands.

What single thing would most improve matters for UK cyclists?
A cohesive network of safe, segregated cycling infrastructure that would come into being at exactly the same moment that driving became dramatically dis-incentivised.