

## SUFFOLK – October 2018

see *England*

**Pocket sized guide to the NCN: £5.99**

**18: Suffolk Cycle Map (2013)**

**Suffolk Coastal Cycle Route £4.99 (2009)**

**National Cycle Route 51, Newmarket to Felixstowe £2 (2009)**

<http://shop.sustrans.org.uk/> to order on-line (7/18)

**High Lodge Thetford Forest Cycle Trails**

[www.forestry.gov.uk/forestry/infd-77FKcw](http://www.forestry.gov.uk/forestry/infd-77FKcw) to download map (10/18)

**Rendlesham Forest Cycle Trails**

[www.forestry.gov.uk/rendlesham](http://www.forestry.gov.uk/rendlesham) to download map (10/18)

**Explore the Valley Trail, Sudbury to Rodbridge Picnic Site (OS 155, GR 876 410/856 436) 3½ mls**

[www.discoverysuffolk.org.uk/assets/Walks/Up-to-6-miles/Valley-Trail.pdf](http://www.discoverysuffolk.org.uk/assets/Walks/Up-to-6-miles/Valley-Trail.pdf) to download (10/18)

**Alton Water Cycling (OS 169, GR 15 35)**

<https://anglianwaterparks.co.uk/alton-water-park/cycling>(10/18)

**Towers and Spires, A cycling tour of churches east of Bury St Edmunds (2014)**

<http://angelsandpinnacles.org.uk/heritage-trails/towers-and-spires/> to download (10/18)

**Beccles Cycle Route Map (2nd Edition 2017)**

**Bury St Edmunds Cycle Route Map (2nd Edition 2014)**

**Felixstowe Cycle Route Map (2nd Edition 2017)**

**NCN Routes linking Ipswich, Woodbridge and Felixstowe (2012)**

**Halesworth Cycle Route Map (1st Edition 2014)**

**Haverhill Cycle Map (1st Edition 2015)**

**Ipswich Cycle Route Map (2017)**

**Lowestoft Cycle Map (4th Edition 2015)**

**Mildenhall Cycle Map (1st Edition 2018)**

**Newmarket Cycle Map (1st Edition 2015)**

**Stowmarket Cycle Map (1st Edition 2013)**

**Sudbury Cycle Map (1st Edition 2016)**

**Woodbridge Cycle Map (1st Edition 2017)**

[www.suffolk.gov.uk/roads-and-transport/Cycling](http://www.suffolk.gov.uk/roads-and-transport/Cycling) to download (Free cycle route maps) (10/18)

**Cycling in the Heart of Suffolk, the Heart of Suffolk Cycle Route**

[www.discoverysuffolk.org.uk/assets/Cycling/Images/Leaflets/Cycling-in-the-Heart-of-Suffolk.pdf](http://www.discoverysuffolk.org.uk/assets/Cycling/Images/Leaflets/Cycling-in-the-Heart-of-Suffolk.pdf) to download (10/18)

**The Godric Way, circle from Bungay 24 mls**

[www.bungay-suffolk.co.uk/activities/cycling.asp](http://www.bungay-suffolk.co.uk/activities/cycling.asp) for details (10/18)

**Cycling Discovery Maps**

[www.visiteastofengland.com/things-to-do](http://www.visiteastofengland.com/things-to-do) (cycling, cycle routes) to download (10/18)

**Cycling Country Lanes & Traffic-Free Family Routes Map: Suffolk £5.99**

[www.goldeneyeguides.co.uk](http://www.goldeneyeguides.co.uk) to order on-line (7/18)