

## South WALES – May 2018

see *Wales*

### **South Wales, Three Parcs Trail (NCN 47), Cross Keys to Taff Bargoed **50p** (2010)**

[www.sustrans.org.uk/sites/default/files/images/files/wales/free%20leaflets%20and%20maps/Wales%203parcsTrail%20NCN47\\_11.pdf](http://www.sustrans.org.uk/sites/default/files/images/files/wales/free%20leaflets%20and%20maps/Wales%203parcsTrail%20NCN47_11.pdf)  
to download  
<https://shop.sustrans.org.uk/> to order on-line (1/18)

### **Caerphilly County Borough Cycle Routes**

[www.sustrans.org.uk/sites/default/files/images/files/County%20Maps%20-%20Caerphilly%20WEB.pdf](http://www.sustrans.org.uk/sites/default/files/images/files/County%20Maps%20-%20Caerphilly%20WEB.pdf) to download (5/18)

### **The Lasgarn Wood Trail**

[www.visitblaenavon.co.uk/en/VisitBlaenavon/PlanYourVisit/Publications/TheLasgarnWoodTrail-Horseriding.pdf](http://www.visitblaenavon.co.uk/en/VisitBlaenavon/PlanYourVisit/Publications/TheLasgarnWoodTrail-Horseriding.pdf) to download (5/18)

### **Afon Lwyd Trail, Cwmbran to Blaenavon (NCN 49,492) 16 mls**

[www.torfaen.gov.uk/en/RoadsTravelParking/WalkingCycling/Cyclelanesandroutest/Afon-Lwyd-Trail.aspx](http://www.torfaen.gov.uk/en/RoadsTravelParking/WalkingCycling/Cyclelanesandroutest/Afon-Lwyd-Trail.aspx) for details (5/18)

### **Walking & Cycling in Rural Swansea (2010)**

[www.discovergower.com/pdf/WalkingCyclingweb2.pdf](http://www.discovergower.com/pdf/WalkingCyclingweb2.pdf) to download (5/18)

### **Swansea Cycle Map**

#### **Neath Port Talbot Cycle Map**

[www.swansea.gov.uk/cycling](http://www.swansea.gov.uk/cycling) to download (5/18)

### **Monmouthshire & Brecon Canal**

<http://canalrivertrust.org.uk/canals-and-rivers/monmouthshire-and-brecon-canal> for details (5/18)

### **Garwnant Visitor Centre - Cycling (OS 160, GR 003 132)**

[www.naturalresources.wales/garwnant?lang=en](http://www.naturalresources.wales/garwnant?lang=en) for details (5/18)

### **Afan Forest Park Mountain Biking & Cycling**

[www.afanforestpark.co.uk/default.aspx?page=323](http://www.afanforestpark.co.uk/default.aspx?page=323) for details (5/18)

### **Guide to the Ogmere Valley Community Route, from Nantymoel (OS 170, GR 93 93) 11 mls**

[www.bridgendbites.com/media/9750/ogmore\\_valley\\_community\\_route.pdf](http://www.bridgendbites.com/media/9750/ogmore_valley_community_route.pdf) to download

### **Guide to the Tondy to Pyle Community Route, Tondy to Frogpond Wood (OS 170, GR 89 84/84 82) 7 mls**

[www.bridgendbites.com/media/9752/tondy\\_to\\_pyle\\_community\\_route.pdf](http://www.bridgendbites.com/media/9752/tondy_to_pyle_community_route.pdf) to download (5/18)

### **Cwmcarn Forest Drive, 7ml circular Forest Drive, open Mar/Oct; Nov/Feb Sat/Sun only (OS 171, GR 21 93)**

<http://your.caerphilly.gov.uk/cwmcarnforest/content/welcome> for details (5/18)

### **Ride, Hike or Bike, Loops & Links (NCN 47)**

[www.caerphilly.gov.uk/loopsandlinks/english/info.html](http://www.caerphilly.gov.uk/loopsandlinks/english/info.html) for details (5/18)

### **Cardiff Cycling and Walking Map **FREE** (2015, FourPoint Mapping)**

#### **The Ely Trail Cycle Map, Cardiff Bay area to St Fafans Cycle Map **FREE****

#### **Taff Trail Cycle Map **FREE****

#### **Cardiff Bay Trail, Art and Heritage Trail **FREE** (2011)**

#### **North Cardiff Community Route **FREE****

[www.keepingcardiffmoving.co.uk/cycle/where-can-i-cycle/](http://www.keepingcardiffmoving.co.uk/cycle/where-can-i-cycle/) to download/obtain (5/18)