

## LANCASHIRE – May 2018

*see England and Manchester*

**Pocket sized guide to the NCN: £5.99**

**30: Lancashire Cycle Map** (2015)

<http://shop.sustrans.org.uk/> to order on-line (1/18)

**Cycling routes in Lancashire leaflets**

[www.visitlancashire.com/cycling-lancashire/cycle-routes-near-you](http://www.visitlancashire.com/cycling-lancashire/cycle-routes-near-you) to download (3/18)

**Mountain Bike in Lancashire**

[www.ribblesdale.net/widgets/leaflets\\_cycle/compilations/Mountain%20Biking%20Lancashire.pdf](http://www.ribblesdale.net/widgets/leaflets_cycle/compilations/Mountain%20Biking%20Lancashire.pdf) to download (3/18)

**Gisburn Forest Bike Trails**, in the Forest of Bowland from Cocklet Hill (OS 103, GR 745 551) 5/10 mls

[www.gisburnbiketrails.com/sites/default/files/pdfs/GisburnBikeTrailsMap.pdf](http://www.gisburnbiketrails.com/sites/default/files/pdfs/GisburnBikeTrailsMap.pdf) to download (3/18)

**Forest of Bowland cycling routes**

[www.forestofbowland.com/cycling](http://www.forestofbowland.com/cycling) to download (3/18)

**Leeds & Liverpool Canal towpath**, Burscough/New Springs,Wigan (OS 108,109, GR 43 10/60 07) 14 mls

**Harvey Maps: Forest of Bowland for walkers, cyclists and horseriders £9.95** (2008)

[www.harveymaps.co.uk](http://www.harveymaps.co.uk) to order on-line (1/18)

**The Lancashire Cycleway, The tour and 17 day rides**, Jon Sparks **£12.95** (2017)

[www.cicerone.co.uk](http://www.cicerone.co.uk) (By Activity, Cycling) to order on-line (1/18)

**Hike and Bike Bowland**, John Sparks **£10.95** (2011)

[www.cordee.co.uk](http://www.cordee.co.uk) (Cycling) to order on-line (1/18)

**The Bay Cycle Way, National Cycle Route 700 & Other Day Rides**, Pete Martin & Janet Moss **£13** (2017)

[www.theoffcomers.co.uk](http://www.theoffcomers.co.uk) to order on-line (5/18)