

LANCASHIRE – September 2019

see England and Manchester

Pocket sized guide to the NCN: £5.99

30: Lancashire Cycle Map (2015)

<http://shop.sustrans.org.uk/> to order on-line (7/19)

Cycling routes in Lancashire leaflets

www.visitlancashire.com/cycling-lancashire/cycle-routes-near-you to download (9/19)

Mountain Biking in Lancashire

www.ribblesdale.net/widgets/leaflets_cycle/compilations/Mountain%20Biking%20Lancashire.pdf to download (9/19)

Gisburn Forest Bike Trails, in the Forest of Bowland from Cocklet Hill (OS 103, GR 745 551) 5/10 mls

www.gisburnbiketrails.com/sites/default/files/pdfs/GisburnBikeTrailsMap.pdf to download (9/19)

Forest of Bowland Cycling Information

www.forestofbowland.com/cycling for details (9/19)

Leeds & Liverpool Canal towpath, Burscough/New Springs,Wigan (OS 108,109, GR 43 10/60 07) 14 mls

Harvey Maps: Forest of Bowland for walkers, cyclists and horseriders £13.50

www.harveymaps.co.uk to order on-line (7/19)

Cycling the Lancashire Cycleway, The tour and 17 day rides, Jon Sparks **£12.95** (2017)

www.cicerone.co.uk/the-lancashire-cycleway to order on-line (7/19)

Hike and Bike Bowland, John Sparks **£10.95** (2011)

www.cordee.co.uk (Cycling) to order on-line (7/19)

The Bay Cycle Way, National Cycle Route 700 & Other Day Rides, Pete Martin & Janet Moss **£13** (2017)

www.theoffcomers.co.uk to order on-line (7/19)