

## CORNWALL – September 2021

see *England and Devon*

**West Kernow Way Route Guide**, the best of West Cornwall 130 mls **£14**  
<https://shop.cyclinguk.org/west-kernow-way-route-guide> to order on-line (9/21)

**Pocket sized guide to the NCN: £7.99**  
**01: Cornwall Cycle Map** (2021)  
<http://shop.sustrans.org.uk/> to order on-line (7/21)

### Multi-use Trails

**The Camel Trail**, a 17 ml recreational route from Padstow-Wadebridge-Poley's Bridge

**The Mineral Tramways**

**Wheal Peevor Mine Site**

### The Cornish Way Trails

**The Cornish Way**, 180 mls

**The Engine Way**

**The First and Last**

**The St Piran**

**The North Cornwall**

**The Coast and Clay**

[www.cornwall.gov.uk/environment-and-planning/countryside/cycle-routes-and-trails/](http://www.cornwall.gov.uk/environment-and-planning/countryside/cycle-routes-and-trails/) to download (8/21)

**Cardinham Woods (near Bodmin)**, make up your own cycle route using the many forest roads (OS 200, GR 099 667)  
[www.chycor.co.uk/holidays/cycling-in-cornwall/cardinham/cardinham\\_woods.htm#cycle%20trail](http://www.chycor.co.uk/holidays/cycling-in-cornwall/cardinham/cardinham_woods.htm#cycle%20trail) for details (8/21)

**Tamar Trails Mountain Biking**  
[www.tamartrails.co.uk/mountain-biking/](http://www.tamartrails.co.uk/mountain-biking/) for details (8/21)

### South West Lakes Trust Walking and Cycling

**Roadford Lake**

**Silbyback Lake Country Park, Liskeard**

**Stithians Lake Country Park, Redruth**

**Tamar Lakes Country Park, Bude**

**Wimbleball Lake**

[www.southwestlakes.co.uk/activities/](http://www.southwestlakes.co.uk/activities/) (click on the Lake) for details (8/21)

### Croyde Cycle Route Maps:

**West Cornwall** (1:100 000) **£3** (2013)

**East Cornwall** (1:100 000) **£3** (2013)

[www.croydecycle.co.uk](http://www.croydecycle.co.uk) to order (7/21)

**Goldeneye Cycling Country Lanes & Traffic-Free Family Routes Map: Cornwall** **£7.99** (3rd Edition 2021)  
[www.goldeneyeguides.co.uk](http://www.goldeneyeguides.co.uk) to order on-line (7/21)