

## BORDERS – July 2019

see *Countrywide, Northumberland, Scotland and Dumfries & Galloway*

**Pocket sized guide to the NCN: £5.99**

**38: Lanarkshire & The Scottish Borders Cycle Map (2016)**

<http://shop.sustrans.org.uk> to order on-line (7/19)

**The 7stanes, Scotland's Biking Heaven**, Glentress & Innerleithen and Newcastleton

[www.7stanesmountainbiking.com/Home](http://www.7stanesmountainbiking.com/Home) for details (6/19)

**South of Scotland Countryside Trails Overview Map**, 350 kms (220 mls) of waymarked routes for riders, cyclists and walkers

**Individual routes**, Cheviot; Ae Forest; Cross Borders Drove Road; East Tweeddale; Central Tweeddale; North Tweeddale

<http://southofscotlandcountrysidetrails.co.uk/southofscotlandcountrysidetrails.php> for details (6/19)

**Borders towns cycle routes**, Duns, Eyemouth, Hawick, Innerleithen, Jedburgh, Kelso, Melrose, Peebles, Selkirk

[www.scotborders.gov.uk/directory/46/borders\\_towns\\_cycle\\_routes](http://www.scotborders.gov.uk/directory/46/borders_towns_cycle_routes) to download (6/19)

**Tweed Horizons**, 4 new border rides, Mark Porter (2011)

[www.yumpu.com/en/document/view/11419287/tweed-horizons-cornhill-on-tweed-community-website](http://www.yumpu.com/en/document/view/11419287/tweed-horizons-cornhill-on-tweed-community-website) to download (6/19)

**Exploring our Food Heritage by Bicycle**, 5 rides

[www.mouthofthetweed.co.uk/bicycle.html](http://www.mouthofthetweed.co.uk/bicycle.html) to download (6/19)