

CONTENTS



Founded in 1878



FROM THE EDITOR

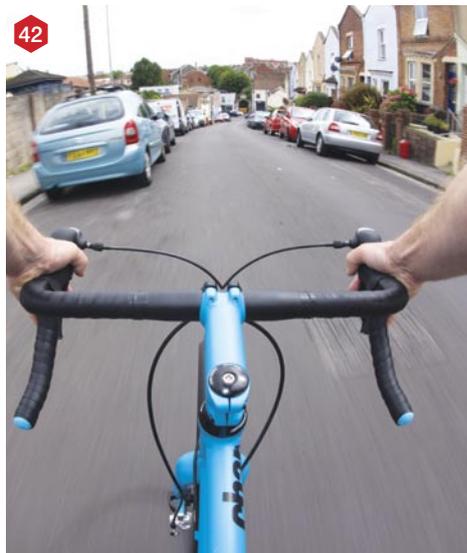
THE DRIVER I'd mimed 'more elbow room' to had stopped further down the road. 'I'm awfully sorry,' she said. 'I know I shouldn't have overtaken there, but once I'd started to overtake I thought it was safest to carry on.' We chatted some more and parted amicably. The incident sticks out in my mind because it's the only time I can remember an errant driver apologising after cutting me up on my bike.

I'm used to denial ('I did nothing wrong'), anger ('You ****ing cyclists!'), nonsensical bargaining ('But cyclists sometimes ride two abreast...'), but never regret or acceptance. The usual response is a predictable hand gesture. Or nothing. I've had more people get out of their cars wanting to fight me than I've had apologies.

Such responses have come not because I upped the ante by swearing or making obscene gestures, but because I'd 'questioned' their behaviour. My exaggerated shrug with one palm upward: 'What was that all about?' My hand out flat, wiggled from side to side: 'Are you sure that was a good idea?' My elbow jabbed out sideways a few times: 'Can I have more elbow room?'

Like many of us who cycle on the road, I've reported drivers. The last time the police officer came straight out with it, when I said I didn't have witnesses: 'Did you have a helmet camera?' It makes you think.

Dan Joyce
EDITOR



EVERY ISSUE

- 04 BIG PICTURE**
This issue: Trails for Wales
- 07 FROM THE CHIEF EXECUTIVE**
Paul Tuohy on getting back to cycling
- 08 QUICK RELEASES**
CTC's commentary on cycling news & events
- 20 SHOP WINDOW**
Coming up at the Cycle Show at the NEC in Birmingham
- 22 GEAR UP!**
Components, kit and accessories on test
- 29 LETTERS**
Your feedback on Cycle and cycling
- 32 CTC & ME**
CTC Birthday Rides coordinator Peter Mathison
- 34 MY BIKE**
Dave Sims' Tour de France Chopper
- 61 Q & A**
Your technical, health and legal questions answered
- 76 YOUR MEMBERSHIP**
The benefits of being a CTC member
- 78 CTC CONTACTS**
How to get in touch with CTC



MEMBERSHIP

Get five years' CTC membership for the price of four. Phone 01483 238301

81 TRAVELLERS' TALES

CTC members' ride reports

83 CTC CYCLING HOLIDAYS

Let us take you there

THIS ISSUE

- 16 CTC PRIZE DRAW**
Win over £6,000-worth of prizes
- 36 HANDCYCLING THE DALES**
In the wheel-tracks of the 2014 Tour de France
- 42 DIGITAL WITNESS**
How and why to use a helmet camera
- 49 HELMET CAMERAS**
Four cameras for cyclists from £110
- 52 A FAMILY IN FRANCE**
Southern France by train and Pino tandem
- 56 DISC BRAKES DISSENT**
Do discs really improve road bikes?
- 66 PLUS-SIZE HARDTAILS**
Mountain bikes with 3-inch tyres
- 72 HEWITT CHEVIOT SE**
Classic steel tourer on test



On the cover
Cycling through the streets of Bristol with a chest-mounted camera
© Seb Rogers

CTC, Parklands, Railton Road, Guildford, GU2 9JX E: cycling@ctc.org.uk W: ctc.org.uk T: 0844 736 8450* or 01483 238300 (national office) 0844 736 8451* or 01483 238301 (membership dept)

Cycle promotes the work of CTC. Cycle's circulation is approx. 51,000. CTC is one of the UK's largest cycling membership organisations, with 67,000 members and affiliates

CTC Patron: Her Majesty the Queen President: Jon Snow CTC Council Chair: David Cox Chief Executive: Paul Tuohy

Cyclists' Touring Club (CTC) a Company Limited by Guarantee, registered in England No 25185, registered as a charity in England and Wales Charity No 1147607 and in Scotland No SC042541. Registered office: Parklands, Railton Road, Guildford, GU2 9JX

CYCLE MAGAZINE: Editor: Dan Joyce e: editor@ctc.org.uk Designers: Mary Harris, Simon Goddard

Advertising: Anna Vassallo tel: 020 7079 9365 e: annav@jppublishing.co.uk Creative Director: James Houston

Publisher: James Pembroke. Cycle is published six times per year on behalf of CTC by James Pembroke Publishing, 90 Walcot Street, Bath, BA1 5BG. Tel: 01225 337777. Cycle is copyright CTC, James Pembroke Publishing and individual contributors. Reproduction in whole or in part without permission from CTC and James Pembroke Publishing is forbidden. Views expressed in the magazine are those of the individual contributors and do not necessarily reflect those of the editor or the policies of CTC. Advertising bookings are subject to availability, the terms and conditions of James Pembroke Publishing, and final approval by CTC.

PRINTED BY: Precision Colour Printing, Haldane, Halesfield 1, Telford, TF7 4QQ. Tel: 01952 585585

*0844 numbers are 'basic rate', costing under 5p/min plus your phone company's access charge on a BT landline. Other providers may charge more.

