



TRIKE DIMENSIONS

Length (max)	2150mm	Boom adj	220mm
Wheelbase	1140mm	Seat height	250mm
Track width	760mm	Bar width	450-550mm
Ground clearance	85mm	Seat angle	37-44 deg.
BB height	310-390mm	Folded size	800×900×600mm

ICE SPRINT 26

Price: from £2089

Weight: 17.5kg

Sizes: see text

Frame: 4130 chromoly main frame. Boom and rear end 7005 aluminium

Wheels: front, 40-406 Marathon Racer tyres, Alex 101 rims, 36 ss spokes, Ice/Hope custom disc hubs; rear, 40-559 Marathon Racer tyre, Alex 101 rim, 36 ss spokes, Formula disc hub.

Transmission: no pedals, 170mm Truvativ Isoflow chainset 52-42-30, YBN S9C chain, Sram 950 11-34 9-speed cassette. Shimano Deore rear derailleur, Microshift triple front derailleur, Sram X5 twistgrip shifters. 27-speed, 23-118in.

Braking: Avid BB5 mechanical disc brakes (front), Avid single digit V-brake (parking brake)

Steering & seating: Ice custom 'no brake steer' geometry, adjustable bars. Ice Ergo-flow mesh seat.

Equipment: Mirrycle mirror, flag. Many optional extras (including rack, £155, and mudguards, £146 for full set)

Contact: icetrikes.co

RECUMBENT TRICYCLE

ICE Sprint 26

It's an entry-level recumbent trike that suits touring. **Ian Fardoe**, European staff writer for bentrideronline.com, did just that on it

▶▶ **THE SPRINT** is the cheapest trike in the ICE range. It's available with either a 20-inch or 26-inch rear wheel, with suspension options for the 20-inch models. Despite the entry-level tag, there are no corners cut on this 26-inch version.

The frame is fully-featured, with rack eyelets, a dynamo bracket, rear disc mounts (there's a V-type parking brake on there already), bottle mounts, and fittings for a light on the front derailleur stub. Even the seat hasn't been skipped over. It has reflective leatherette patches on the sides and a concealed, waterproof document pocket at the top.

One of the main selling points of the ICE range is the neat way they fold. With tools, you can collapse the whole machine down in minutes to fit into a small bike bag. Even without tools, the rear end rotates on a 3D hinge to sit flat between the front wheels – making it small enough for many car boots.

The boom length adjusts to fit different heights of rider. With recumbents, sizing is done by 'x-seam' rather than inseam. Sit against a wall and measure the length from the wall to your heel: that's your x-seam. The Sprint fits x-seams from 37-47 inches.

That's slightly too short for me, at 6ft 4in, although there are optional seat fittings for bigger or smaller riders. As well as boom adjustment, you can easily change: the handlebar width, angle, and reach; the seat angle; and the level of seat-back support.

Relaxed riding

The Sprint is an all-rounder machine with an emphasis on touring. While the seat height is a touch tall for race-trike-style thrashing, this machine is a great mile eater. 'All-day comfort' is a term that doesn't do even this rigid version justice; it's more like sitting in a favourite arm chair with your feet on the table. That doesn't mean it's sedate. The Sprint accelerates and climbs well, even fully laden, and descending brings out the usual inane, recumbent trike grin.

There are a couple of niggles. I found the bars felt a bit flexible under very aggressive cornering. I guess there's a compromise somewhere for all that adjustment. They didn't actually move; it just felt as if they could. Mudguards are extra too, and it needs them – because touring is where this trike excels, and it won't always be sunny and dry.



1 Seat angle is easy to change. The V-brake is a parking brake

2 Solves the problem of tricycle transportation by folding. It goes smaller with disassembly

Also consider



1) **Catrike Expedition £2245**
Rigid aluminium all-rounder trike from America. Like the Sprint 26, it has a 26in rear and 20in front wheels. It uses a direct steering approach. wheelnv.co.uk



2) **HP Velotechnik Scorpion FS 26 £3790**
Full-suspension 26in/20in wheel touring trike from Germany. Like the Sprint, folds in half and has 20in rear wheel version. hpvelotechnik.com