

## FROM THE CHIEF EXECUTIVE **KEVIN MAYNE**



The year end is when many cyclists tot up their total mileage, or plan the summer's tour, or fit the

parts that Santa brought.

At the office we wrap up the old year with the accounts and the annual report. Last year was a record breaker: CTC reached more people through membership and projects than ever before.

My favourite year-end event is receiving your nominations for CTC Volunteer of the Year. Big Society and localism may steal the clothes of the voluntary sector but this is the real deal: people doing extraordinary things for their communities. This year a very personal aim of mine comes to fruition, CTC recognising young volunteers and the projects that support the next generation of cyclists.

I was 14 when my local cycling club let me try my hand at organising our club nights (overseen by supportive adults), and I ran my first open event at 16. Those early steps in volunteering were important in keeping me in cycling, as it was clear I wasn't the next Eddy Merckx! Years later I was shocked by prejudice about 'yoof' as members tried to bar a young person from serving on another club's committee.

I'm sure our awards will show that the opportunities we are giving young people with cycling will make a lifetime of difference to them. And what better venue for the first awards than the new Olympic Sailing Centre at Weymouth?

Thanks to outgoing Chair David Robinson for his support. Perhaps we have a young volunteer out there who will make it to CTC's highest office if we provide recognition now? I like to think so.



Bikeability training provides skills for real-world cycling

Photo: Chris Juden

## Reprieve for Bikeability

### Bikeability cycle training set to continue, and CTC will now help train its instructors



Despite the demise of Cycling England this March, the Department for Transport (DfT) will continue to support one of its projects: Bikeability, cycle proficiency for the 21st Century.

'Bikeability will be supported for the remainder of this Parliament,' the DfT announced. Grants awarded to local authorities and schools sports partnerships for 2010-11 will remain, although the Government's Spending Review will influence the levels of funding thereafter.

'This sounds very positive,' said CTC Policy Coordinator Chris Peck. 'It's a programme which has been very successful and I hope it can continue beyond 2014.'

Thousands of children and adults have received Bikeability training, which goes far beyond the cycling proficiency of old and uses a three-stage instruction programme to develop cycling skills in real-world conditions.

Bikeability providers were jubilant. 'This is an accolade to all the hard-working instructors, organisers, participant students, parents and schools staff who have invested time and energy into making Bikeability work,' said Andy Salkeld, Cycling

Coordinator for Leicester.

'Trainee numbers have increased dramatically here in the city from fewer than 100 (off-road) to almost 1,500 (all on-road), with trainees receiving eight hours of training per year. [Bikeability is] one of the key building blocks that is helping to build a people-friendly and accessible city for all abilities here.'

### CTC TO TRAIN INSTRUCTORS

The DfT has also confirmed that CTC will now be recognised as an Instructor Training Organisation (ITO), a requirement for teaching instructors to deliver National Standards cycle training. Only instructors who are members of an ITO will be able to provide cycle training to local authorities and schools sports partnerships that draw DfT grants for cycle training.

The ITO scheme replaces the former Instructor Training Provider (ITP) scheme. One of the key differences between the ITP system and the new ITO scheme is that ITOs will have greater responsibility for the continued professional development of instructors.

For more details, see [ctc.org.uk/training](http://ctc.org.uk/training).

CTC continues to press for post to be delivered by cycles



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Send your CTC membership number to membership@ctc.org.uk

## NEWS IN BRIEF

### SUMMER DRAW WINNERS

Congratulations to the winners of CTC's Grand Summer Draw: £2,000, P Michelmore; £1,000, T Barber; £500, R Lambert; and winners of £100 runner-up prizes, Anne Ogston, MJ Jones, C Rock, J Heron, and KR Critten.

### CTC LIFE MEMBERSHIP

New CTC life member cards were sent to over 1,500 people in October. The latest life membership rates are based on your age and the number of years you've been a member. The basic rate is £925, equivalent to 25 yearly subscriptions. But this is discounted by your age multiplied by £9.25 and the number of subscriptions you've paid multiplied by £4.62. So a 50-year-old who had been a member for 10 years would pay £416.30. For more details or to take up life membership, call 0844 736 8451.

### BIKE CLUB NEWSLETTER

Bike Club, which helps to get more young people riding, now has a newsletter, available by email or post. Sign up by emailing info@bikeclub.org.uk, or by calling 0844 736 8464, making clear which method you prefer – if by post, please also send your address.

### SUPPORT CYCLING VIA EBAY

You can now donate a percentage of your eBay sales to CTC. When you're creating your sale listing, click on the 'select another charity' link and search for CTC. Then choose a percentage of your sale to donate. For supporting us, eBay will also give you a charity fee credit.

# Keeping you posted



Following Channel 4's coverage of all your letters being delivered to Royal Mail's new Chief Executive Moya Greene, CTC continues to press Royal Mail to 'Keep Posties Cycling'. We met their deliveries director Geoff Braden, who told us that Royal Mail now proposes to keep bikes for up to 3,000 delivery rounds – their previous plans were for just 500.

CTC's Vice President Lord Berkeley then met Ms Greene, who agreed to attend a meeting of the All Party Parliamentary Cycling Group, of which Lord Berkeley is Secretary. This provided an opportunity to persuade Ms

Greene to look into cycle awareness training for their van and lorry drivers.

We also want the Government to relax the weight limit for electrically assisted freight cycles, making them a more viable option for Royal Mail. We will be raising this point shortly in a meeting with Road Safety Minister Mike Penning, and hope to persuade him that boosting the carrying capacity of freight cycles could drastically reduce the number of delivery vans on our streets – not just red vans but white vans too!

More on this story at [ctc.org.uk/royalmail](http://ctc.org.uk/royalmail).

## CTC AGM: call for motions

Notice is given that the AGM of Cyclists' Touring Club is to take place at 1.30pm at Weymouth & Portland National Sailing Academy, Osprey Quay, Portland, Dorset, DT5 1SA on Saturday 14th May.

Members wishing to propose motions to the AGM should do so by writing to the Company Secretary at CTC National Office by 1st February 2011, accompanied by the signature of a seconder who must also

be a current CTC member.

It is strongly recommended that anyone wishing to propose a motion should contact CTC's Chief Executive Kevin Mayne or a member of Council for advice on the format of motions.



# New year, new skills

 Cycle maintenance and urban biking instruction are two of the new skills courses that CTC's training department is launching this year to meet the needs of a wider range of cyclists, CTC members, ride leaders and cycle instructors.

The maintenance course has three programmes aimed at different users. 'Fundamentals' is for cyclists wanting the confidence and ability to tackle basic maintenance – everything from wheel removal and punctures onwards. 'National Standards Maintenance' is for Bikeability instructors. 'Fleet Maintenance' is for those looking after fleets of bikes in a voluntary or professional capacity.

'Skill Instructor Urban' covers all the key areas for those teaching others formally and informally in contained cycling areas, such as BMX and jump parks. It also enables access to the Go-mtb Awards Orientation course for teaching and certificating riding skills.

'Pick and Mix' is skills instruction for groups wanting a day's course developed around their needs. There's a choice of half-day and full-day sessions on riding skill and confidence building (off-road and on), maintenance at various levels, first aid, and off-road riding



CTC now offers three cycle maintenance courses

beyond trail centres.

'Tutor Light' is a new instructors' course for the teaching of CTC's maintenance courses, and for the Young Leader and Ride Supporter courses.

For more details, visit [promtb.net](http://promtb.net), email [mtb@ctc.org.uk](mailto:mtb@ctc.org.uk) or call 0844 736 8463.

## FROM THE TOURING DEPT MARK WATERS



It was a pleasure watching a TV programme recently about the history of camping, not least

because its roots were entwined with the development of cycle touring. It was how the early protagonists got out into the wide open spaces from the dark satanic mill towns, with their equipment strapped to their bikes.

Thomas Hiram Holding, one of CTC's leading lights in the early years, also initiated the creation of the Association of Cycle Campers in 1901. Being a tailor by trade, his skills enabled him to fabricate appropriate equipment, notably a tent. This novel pastime quickly gained in popularity among Edwardian gentlemen (while more conservative members of society undoubtedly disapproved of it). Thus was cycle camping born, and long may it thrive!

When you head off into the wilds on your own camping trips this year, equipped with the latest lightweight equipment strapped to your modern lightweight tourer, riding on smooth(ish) tarmac roads, guiding yourself with a GPS unit or a clear, accurate, full-colour map, consider the fortitude of our forebears. They did much the same thing but with the most basic of kit.

They keep telling us that life isn't going to be easy in 2011 but in some respects we are among the luckiest generations of cyclists.

If you've not tried cycle camping, CTC can help get you started. Read information sheet INF3, which is on the website, or call the CTC Helpline: 0844 736 8450.

## Photo finish

 CTC's judging panel have picked the winners of the photography competition that we ran in the Aug/Sep 2010 issue of *Cycle*. Luke Minogue wins the over-18 category for his atmospheric beach shot, while Tim MacQueen's track cycling shot wins the

under-18 category. Luke's shot was taken on the south coast on a late summer's evening last year. Tim took his photo at the National Track Championships in Manchester. 'I think this was just a shot taken when they were warming up,' he

said. 'It was difficult to get a good photo with a nice blurry background without the rider also being blurred.'

Luke and Tim each win a £69.99 Ogio camera backpack from Madison. Submitted photos will be uploaded to CTC's Flickr site in due course.



Over-18 winner: Luke Minogue's beach shot



Under-18 winner: Tim MacQueen's track-riding shot