

Bikeability Level 1 Cycling Outcomes



Manoeuvre

Children's names	Carry out a simple bike check	Get on and off the bike without help	Stop without help	Start off and pedal without help	Make the bike go where they want	Ride along without help for roughly one minute or more	Stop quickly with control	Use their gears	Manoeuvre safely to avoid objects	Look all around, including behind, without wobbling	Signal right and left without wobbling	Snaking and Shepherding practice

Bikeability Level 2 Cycling Outcomes



Manoeuvre

Children's names	Start and finish an on-road journey	Be able to understand and ride in primary and secondary positions	Be able to carry out a u-turn	Pass side roads	Pass parked or slower moving vehicles	Turn left into a minor road	Turn right into a major road	Turn left into a major road	Turn right into a minor road	Be able to recognise common road signs	Mini-roundabouts and cross roads	Be aware of, and enable to communicate with, all other road users	Decide where cycle lanes can help their journey and demonstrate correct use