## L8 Cycle Rides - October 2023

If you haven't been on a bike for a while or you'd like to explore new cycle routes as part of a group you're very welcome to join us on one of our rides.

The free community cycle rides are led by trained volunteers and start from The Florrie 377 Mill Street L8 4RF. **Bikes available to borrow free for all rides.** 

**Pre-booking required** - email <u>L8communitycycleclub@gmail.com</u> for more information or download the free Spond booking app & use code JHBIH to join our group.



## Monday 9th October @ 9.30 - 12.00 The Florrie-Calderstones Park (9 miles)

From the Florrie via cycle path 56 to Calderstones Park where we'll stop for refreshments at the cafe and look at the stone age Calderstones and the 1000 year old Allerton Oak.

Heading back to The Florrie via quiet roads.

## Monday 23rd October @ 9.30-12.00 The Florrie - City Explorer (6 miles)

From the Florrie we cycle through the Baltic Triangle to the Pier Head. Then we follow quiet roads through the city centre to St George's Hall and past both Cathedrals before returning to the Florrie for a well earned cuppa in the Florrie Community Café.





