Dates for your Calendar 2016

**St David’s Day Concert at St Woolos Cathedral**
Featuring Cor Y Dreigiau and ‘The Vibe’ Choir. Newport Cathedral, St Woolos, Stow Hill, Newport

**Pontypool 10k Home Run**
Pontypool Park (Start & Finish)

**Admiral City of Newport Half Marathon**
13.1 Miles in and around the City of Newport

**Spring Concert at Llantarnam Abbey**
Featuring New Harmony Singers & Malpas Church in Wales School. Llantarnam Abbey, Cwmbran, NP44 3YJ

**Tour de Gwent Sportive 2016**
Choice of Cycling routes around South East Wales

**Charity Golf Day - Monmouthshire Golf Club**
Monmouthshire Golf Club, £200 a 4 Ball

**Friends of St Anne’s & St David’s Hospice Present May Dance with the James Boys**
St. Patrick’s John Bosco Hall – Call The friends group on 01633 820303

**Dalmatian Bike Ride**
20 & 40 mile routes available.

**Kolor Dash**
5k run around Tredegar Park

**Region to Region – Dragons Charity Bike Ride**
Parc Y Scarlets to Rodney Parade. Cycling, Camping, Networking, Laughs and more...

**Three Peaks of Wales**
Starting at 4am - Climb Snowdon, Cadair Idris & Snowdon in 1 day!

**Rock The Roof, Celtic Manor**
Live Music, BBQ & Hog Roast

**Office Visions present their Annual Golf Day**
Celtic Manor Resort, The Roman Road Golf Course – Tel: 02920 330330 - kayleigh@ovwl.co.uk

**Night Walk up Pen-y-Fan**
Walk Pen-fan at Night starting at 9pm

**Charity Golf Day - Newport Golf Club**
Newport Golf Club, Rogerstone, £200 a 4 Ball

**Taff Trail Bike Ride 2016**
50 Miles - Brecon to Cardiff (or 25 Miles - Merthyr to Cardiff)

**Talybont Challenge**
Test your outdoor skills, Krypton Factor!

**Lloyds Bank Cardiff Half Marathon 2016**
Run for ‘Team St David’s’

**Abseil at The Transporter Bridge**
Free-fall Abseil from one of the most iconic landmarks in Wales

**Mon & Brec Trek**
Trek the Tow-path along the Monmouthshire & Brecon Canal, choose from Llangynidr to Goytre Wharf (17 miles), Gilwern (The Bridgend Inn) – to Goytre Wharf (8.5 miles) or for a shorter walk Llanfoist to Goytre Wharf (5.5 miles). Transport available from Goytre Wharf for each Trek.