New Forest Inclusive Cycling

Semi-recumbent tricycle – Draisin Relaxino

- **Semi-reclined position,**
  - Can make cycling much easier for those with joint pain (in legs or wrists) or those who are overweight.
  - Less reclined than a recumbent tricycle, making it easier to get on/off for those with limited mobility.
- **Three wheels –**
  - stable when stationary or moving.
- **Low centre of gravity and a secure seat,**
  - help the rider to feel comfortable, with minimal chance of overturning.
  - The seat can be adjusted to make the rider comfortable.
- **Easy to control –**
  - Our Relaxino is steered using two handles, which put the brakes and gears within easy reach.
  - great for people who have limited experience of cycling and/or find balancing a challenge.
  - The rider can feel the sensation of speed whilst also feeling safe.
- **Strong and reliable**
  - can be used on both smooth and loose terrain, as is found in the New Forest.

On the Inclusive cycling fleet:

- 1 x Draisin Relaxino (suitable for 11 years +)