Cycling UK Bedfordshire, Rides Programme. 1st July 2018 to 31st December 2018

Day	Date	Time	Miles	Type	*Start*	*Destination*	*Leader*	*Phone*
Saturday	7 July	09.30 am	20-25	Easy riders	Bedford Park	Wrest Park, Silsoe	Jeff	07854 168076
Sunday	22 July	09.00 am	30-35	Sunday Ride	Bedford Park	Stripes, Woburn Sands	Neville	07811 030308
Saturday	28 July	09.30 am	20	Easy riders	Bedford Park	Millbrook Golf Club	Chris	07715 063210
Saturday	4 August	09.30 am	20	Easy riders	Bedford Park	Brown's Farm Shop, Stagsden	Pat O	07813 717795
Sunday	12 August	09.30 am	45-50	Day ride	Stony Stratford	* Canons Ashby (car assisted). Tea at Stowe Gardens	Paul	07816 151081
Saturday	18 August	09.30 am	20	Easy riders	Bedford Park	Southill Tea Rooms	Chantal	07910 597487
Saturday	8 September	09.30 am	25	Easy riders	Bedford Park	St Neots	Terry	07989 140234
Sunday	16 September	09.00 am	30-35	Sunday Ride	Bedford Park	Sherington Golf Club	Alan	07779 304552
Saturday	22 September	09.30 am	20-25	Easy riders	Bedford Park	Bike Bus, Bourne End	Mark	07785 293924
Saturday	6 October	09.30 am	20	Easy riders	Bedford Park	Emmaus, Carlton	Jeff	07854 168076
Sunday	14 October	09.00 am	30-35	Sunday Ride	Bedford Park	Oliver's Cafe, Kimbolton	Pat O	07813 717795
Saturday	20 October	09.30 am	20	Easy riders	Bedford Park	Wixams/Wilstead	Pat B	07594 583241
Saturday	3 November	09.30 am	15-20	Easy riders	Bedford Park	Blossoms Cafe, Willington	Steve	07739 707604
Sunday	11 November	09.00 am	30-35	Sunday Ride	Bedford Park	Raunds	Richard	07762 329505
Saturday	17-Nov	9.3	35	PUDSEY RIDE	Bedford Park	Cake Stall West Hill Aspley Guise	Steve	07739 707604
Saturday	24 November	09.30 am	20	Easy riders	Bedford Park	Milton Ernest Garden Centre	Alan	07779 304652
Saturday	8 December	09.30 am	15-20	Easy riders	Bedford Park	Scald End	Chantal	07910 597487
Sunday	16 December	09.00 am	30-35	Sunday Ride	Bedford Park	Wood View, Gamlingay	Steve	07739 707604
Saturday	22 December	09.30 am	20	Easy riders	Bedford Park	Gunns, Sandy	Terry	07989 140234

* Joining instructions and full details of this ride will be provided in July.