New Forest Inclusive Cycling

Recumbent tricycles – KMX Karts

- **Laid-back/reclined position,**
  - Can make cycling much easier for those with joint pain (in legs or wrists) or those who are overweight.

- **Three wheels –**
  - stable when stationary or moving.

- **Low centre of gravity and a secure seat,**
  - help the rider to feel comfortable, with minimal chance of overturning.
  - The seat can be adjusted to make the rider comfortable.

- **Easy to control –**
  - Our KMX Karts are steered using two handles, which put the brakes and gears within easy reach.
  - great for people who have limited experience of cycling and/or find balancing a challenge.
  - The rider can feel the sensation of speed whilst also feeling safe.

- **Strong and reliable**
  - can be used on both smooth and loose terrain, as is found in the New Forest.

---

**On the Inclusive cycling fleet:**

- 3 x K-3 (suitable for 6-10 year olds)
- 1 x Kompact (suitable for 11 years+)
- 1 x Tornado (suitable for adults)