New Forest Inclusive Cycling

Hand Cycles – Top End

- **Hand-driven drive-train**
  - Soft grips and easy gearing make this easy to cycle for those with little power or control in their legs
- **Comfortable, seated position**
  - Adjustable seat makes sure the cycle fits the rider well.
- **Three wheels** –
  - Stable when stationary or moving.
- **Low centre of gravity and a secure seat,**
  - Help the rider to feel comfortable, with minimal chance of overturning.
- **Easy to control** –
  - Pedal forwards to go forwards. Pedal backwards to brake. Simple as that!
  - Great for people who have limited experience of cycling and/or find balancing a challenge.
  - The rider can feel the sensation of speed whilst also feeling safe.
- **Strong and reliable**
  - can be used on both smooth and loose terrain, as is found in the New Forest.

On the Inclusive cycling fleet:

- 1 x Li’l Excelerator hand cycle (suitable for 5-10 years)
- 1 x Excelerator hand cycle (suitable for adults)