



we are
cycling
UK

CTC Dumfries and Galloway
Members' Group



CTC Dumfries and Galloway Members Group welcomes everyone to join them for all or part of a ride, or just for lunch in their

Early 2023 Runs' List

DATE	TIME	START at	DESTINATION	MILES	FOOD	LEADER
March 5 Sunday	10.00	Minnigaff (Riverside Car Park)	Hills and Forests	40	bf/cp	BY
March 12 Sunday	10.00	Castle Douglas	New Galloway	35	cp	PH
March 19 Sunday	10.00	Dumfries	Thornhill via Ae	45	cp	TH
March 26 Sunday	10.00	Annan	Lockerbie - Annandale Joint Ride with Eden Valley Group	46	cp	IL
April 2 Sunday	10.00	Glenluce	Machars	50	cp	BR
April 9 Sunday	10.00	Castle Douglas	Laurieston, Gatehouse, Borgue, including Sandgreen shore.	45	cp	RH
April 16 Sunday	10.00	Dumfries	Solway Coast to Powfoot	45	bf/cp	TH
April 23 Sunday	10.00	Lockerbie	Langholm incl. Whitshiel Cafe(A7)	47	cp	SC
May 7 Sunday	10.00	Stranraer	Around the Rhinns Post Coronation!!!	35	cp	JC
May 13 Saturday	10.30	Castle Douglas	AGM - C.D. Parish Church	40	cp	EH
			Followed by Group Ride Bainloch - Dalbeattie			
May 27 28			D&G Spring Fling - TBA			

27 - 29 May

Starts:- Annan, Town Clock Tower car park; Castle Douglas, Market Hill car park at TIC; Dalbeattie, Coach Parking on A711; Dumfries, Devorgilla Bridge; Glenluce, War Memorial; Lockerbie, Victoria Car Park; Minnigaff, Riverside car park; Stranraer, Breastworks Car Park; Thornhill, Cross Road
Food:- cp = café/pub; bf = bring own food.

Leaders:- JC Jim Cowan 01776 830 315; SC Stewart Cully 07421 136623; TH Tom Hanley 01387 261969; EH Eamon Hastings 07736 050367; PH Phil Howard 01556610998; RH Robin Hogg 07974 814172; IL Ian Ludlam 07709 710301; BR Bob Rostock 07776 311978; BY Bill Yate 01671 403928

Guest/Non-Cycling UK riders are allowed. Guests can participate in a maximum of 3 rides before being expected to join CUK. All participants will agree to give personal and Emergency Contact details; these details will not be kept without your agreement.

All mileages approximate. Rides (but not starts) may vary due to, say, weather, route conditions. All riders must have roadworthy bikes and carry SPARE TUBE, FOOD, DRINK, WET WEATHER CLOTHING, and preferably, pump, puncture kit and any tools particular to their bikes.

Under 18's must be accompanied by responsible adults. Individuals are responsible for themselves, (adults for their accompanying children).