

# Cycling in the Community Event

**Saturday May 10<sup>th</sup>, 1pm-5pm**

The Cuckoo Inn, Hamptworth



Join us at The Cuckoo for an afternoon of free cycling related activities, with something for cyclists of all ages and abilities. Families, casual, regular cyclists and mature cyclists who just want to keep on riding are all welcome.

- Improve your Bike Security with security marking and registration by Wiltshire Police
- Give your bike a health check and tune by the PEDALL inclusive cycling team
- Less able riders can try one of PEDALLs electric assisted, side-by-side tandems
- Build your confidence on group social rides around our local area (~ 3-, 5- or 10-miles) with an experienced ride leader
- Improve your skills with Bikeability training for younger children or ..
- Have fun on a trick bike and other activities by Buzz Action Foundation
- Regular riders on longer rides through the New Forest are welcome to pop-by for a pit-stop and refreshments
- Learn about Landford Community Cycling Group and our activities to promote cycling safety
- Refreshments – soft drinks and cakes will be available
- Cyclists will be asked to complete a contact form before going on one of our group rides (for our insurance cover)
- Cyclists must wear helmets on the group rides.



Organised by: *Landford Community Cycling Group.*  
Contact: [Landfordcycling@googlegroups.com](mailto:Landfordcycling@googlegroups.com)