

# S.A.S. RIGHTS APRIL 2025 CYCLING TIMETABLE



**FREE SUPPORT TO HELP YOU CYCLE LOCALLY**

For adult beginners, improvers or returners

TO REGISTER - EMAIL: [WELLBEING@SASRIGHTS.ORG](mailto:WELLBEING@SASRIGHTS.ORG)

**April 2025**

**Witton Countryside Park -Blackburn**

**LEARN TO RIDE CYCLING EVENT: 11.00 AM - 1.00 PM**

**1. TUESDAY 22<sup>ND</sup> APRIL 2025**

**2. TUESDAY 29<sup>TH</sup> APRIL 2025**

**REFRESHMENTS (SANDWICHES/DRINKS) ARE AVAILABLE FOR CYCLISTS,  
BUT WE ARE GENEROUS AND WILL OFFER A HOT/COLD CUPPA TO  
ANYONE WHO DROPS IN FOR A CHAT OR A WELLBEING ACTIVITY.**

**#BigBikeRevival**



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