## **L8 Cycle Rides - December 2023**

If you haven't been on a bike for a while or you'd like to explore new cycle routes as part of a group you're very welcome to join us on one of our rides.

The free community cycle rides are led by trained volunteers and start from The Florrie 377 Mill Street L8 4RF. Bikes available to borrow free for all rides.

Pre-booking required <u>- email L8communitycycleclub@gmail.com</u> for more information or download the free <u>Spond</u> booking app & use code JHBIH to join our group.



## Monday 11th December @ 9.30am - 12pm

## The Florrie – Two Cathedrals (6 miles)

We cycle on traffic free paths through Sefton and Princes Parks then on quiet roads with views of the city's cathedrals. Return cycle is along quiet roads and through the University campus for a well-earned cuppa in the Florrie Community Café.







