

CYCLING UK
TYNESIDE & NORTHUMBERLAND
TUESDAY RIDES 2019



START: 10:30AM MERTON HALL, PONTELAND

Date	Lunch/ Destination
01 January	Impromptu
8 January	Matfen Brewery
15 January	Heddon on the Wall / Horsley
22 January	Hepscott Park
29 January	Dyke Neuk
05 February	Cramlington
12 February	Matfen (Pancake Day)
19 February	Bolam Lake
26 February	Wylam
05 March	Longhorsley
12 March	Backworth
19 March	Fontburn Reservoir
26 March	Stagshaw Bank (Errington Coffee house)
02 April	Away Day: Heighington, Co. Durham. Ponteland Impromptu
9 April	Sunderland (Faustos) meet at Newcastle Cycle Hub, Quayside
16 April	Corbridge
23 April	Newbiggin Longer Run: Warkworth / Amble
30 April	Chollerford
07 May	Away Day: Hexham-Stonehaugh-Wark. Ponteland Impromptu
14 May	Longhorsley
21 May	Hexham Longer Run: Allendale, start at Wylam. Start point details TBA.
28 May	Cresswell
04 June	Away Day: Warkworth – Bamburgh. Ponteland Impromptu
11 June	Throckrington
18 June	Tanfield Longer Run: Blanchland
25 June	Blyth

Date	Lunch/ Destination
02 July	Away Day: Haydon Bridge. Ponteland Impromptu
9 July	Whitley Bay
16 July	Gibside
23 July	Hexham Longer Run: Elsdon via Tosson
30 July	Fontburn Reservoir
06 August	Away Day: Wooler-Etal /Flodden. Ponteland Impromptu
13 August	Throckrington
20 August	South of the river, meet at Newburn Longer Run: Bellingham
27 August	Blyth
03 September	Away Day: Barnard Castle-Hannah Hauxwell-Baldersdale-Middleton. Ponteland Impromptu
10 September	Cresswell
17 September	Chollerford/Humshaugh Longer Run: Alnwick starting from Morpeth, return via Rothbury. Start point details TBA.
24 September	Wheelbirks, Stocksfield
01 October	Away Day: Wooler - Kirk Yetholm – Chatto – Oxnam. Ponteland Impromptu
08 October	Tour of the Tyne (Keelman & Hadrian Cycleways), meet at Newcastle Cycle Hub, Quayside
15 October	Seaton Sluice
22 October	Wylam
29 October	Bebside
05 November	Newcastle (Irish Club)
12 November	Kirkharle
19 November	Morpeth
26 November	Horsley / Heddon on the Wall
03 December	Matfen
10 December	Christmas Lunch
17 December	Bolam Lake lunch
24 December	Raggy Heirlooms, Dissington

1. The rides all start from Merton Hall, Merton Way, Ponteland at 10:30am on Tuesday mornings unless otherwise stated.
2. There are normally two riding groups to accommodate all riding abilities; the 'A' group rides at a slightly faster speed and for a longer distance than the 'B' group.
3. Wherever possible the lunch destinations will be the same for both groups, but this is not always possible.
4. The rides above are conducted at a pace that allows for conversation and no one should be left behind.
5. The 'B' group may also stop from time to time to visit places of historical interest or to look at flora and fauna.

6. On the first Tuesday of the month between April and October, riders have the option of going on a normal group ride from Ponteland or going on an Away Day ride. The Away Day ride starting points/locations are provisional and full details will be confirmed at a later date.
7. Those not attending the Away Day rides and riding from Ponteland will decide their ride destination on the day depending on who turns up at Ponteland.
8. The 'A' group riders also have the option of a longer ride, typically 55-60 miles, on the dates shown.