

# Snowdon (Yr Wyddfa) Sea To Summit



Duration: 2 days

You don't have to be a pro at cycling or kayaking, just have an adventurous spirit which will see you conquer this fantastic route in the epic Snowdonia landscape. All equipment hire is included (bikes, helmets, double sit on top kayaks, buoyancy aids & paddles) and it's a perfect weekend away in the heart of one of the UK's greatest adventure playgrounds.

Ever considered a moonlit summit of Snowdon? Check out our [Snowdon by Night](#).

## DETAILED ITINERARY

### Day 1: Arrival

We meet in the late afternoon at the hotel in Caernarfon. Once the whole team have arrived there will be a trip briefing to prepare you for tomorrow's challenge. Then you're free to arrange your own dinner, either in the hotel or somewhere else in town, before getting a good night's sleep.

**Dinner not included.**

### Day 2: Challenge Day

After a good breakfast, we meet out the front of the hotel for 8 00am. Here you'll be split into teams, allocated your bike and have a final safety briefing before jumping in the saddle to start the challenge. You pedal a stunning route from the picturesque coastline, past the historic Caernarfon Castle before winding your way through the back door into Snowdonia National Park. Your journey takes you along beautiful cycle paths and through the rolling Welsh countryside and quaint villages with the peak of Snowdon looming in the distance.

Arriving at the base of the mountain you'll swap your bikes for boots, collect your homemade packed lunch and begin your ascent of the highest peak in England & Wales, the mighty Snowdon at 1085m. You'll ascend via one of the quieter routes, the Snowdon Ranger Path on the west side of the mountain which carves its way through picturesque farmlands, past beautiful lakes and then follows the ridgeline all the way to the summit. On reaching the peak, there's time for a victory photo and a quick breather before your descent to the northwest via the more gradual Llanberis Path, finishing in Llanberis itself.

The grand finale of the day will see you paddling around Llyn Padarn completing a large circuit of the lake, to smash through the finish line and celebrate with a glass of bubbles with your fellow challengers.

## WHAT'S INCLUDED

- Experienced Cycle & Mountain Leaders and Kayak Instructors
- One night's hotel accommodation in Caernarfon (twinshare basis)
- Hire bike and helmet
- Kayak, paddle and buoyancy aid
- Full back up support including first aid qualified staff and first aid supplies
- Entrance permission to national parks & lake
- Snacks, water and locally sourced and produced homemade packed lunch
- Luggage and bike transfer from cycling & trekking transition point
- Complimentary glass of fizz to celebrate the completion of your challenge

## WHAT'S EXCLUDED

- Travel insurance (optional)
- Clothing and personal equipment listed on your Kit List
- Dinner on the night of arrival (day 1)
- Personal spending money, souvenirs and drinks
- Transport to / from event and parking fees (if applicable)
- Any expenses incurred with leaving the trip early i.e. hotel accommodation or change of travel costs

## CHALLENGE INFORMATION

### DETAILED INFORMATION

#### Leaders & Trip Support

Your trip will be led by experienced Discover Adventure leaders and support crew. Our leaders are selected for their knowledge and experience, friendliness and approachability, sense of humour and ability to safely and effectively deal with any situation that arises; they are also trained in first aid. You are in very safe hands with a Discover Adventure leader. The crew will have mobile phones and/or radios where appropriate, medical kit and other safety apparatus where necessary, as well as vehicle support.

#### What if I have any issues during the challenge?

Our leaders are very experienced and work very hard to ensure your challenge runs as smoothly and enjoyably as

possible, and we're sure that you'll have a wonderful time. If you do have any concerns or problems **please talk to the crew and give them the opportunity to explain or rectify things while they are able.** They are all very approachable!

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## Trip Safety

Your safety, and that of the rest of the group, is our highest priority. Our trips are designed and planned with safety in mind. Your crew will be equipped with communication devices (eg phones, radios and/or emergency satellite phones), medical kit and other safety apparatus appropriate to the destination. Our leaders always have access to our 24-hour emergency UK back-up. They are responsible for safety on the trip, and will make any changes to the itinerary they deem necessary, should local conditions dictate. Pre-trip administration - such as medical questionnaires and travel insurance as appropriate - is all done with your safety in mind.

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## Accommodation

Accommodation is usually in well-located, comfortable 2-3\* hotel(s); standards are generally very good though there may be some variation.

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## Roomshare Arrangements

Our trips are sold on a shared accommodation basis, usually twin-share. Occasionally we may use hostel-style accommodation.

You can tell us if you are travelling with someone else on the trip when you book or within your passenger portal, and we will do all we can to accommodate this request. It is important that both people complete the room share request on their bookings. For customers booking and travelling together, including same-sex couples, a double bed can be requested if available.

If you're not familiar with anyone in the group, rest assured, we always pair you with someone of the same gender (as per the information you provided when booking, or passport markers), and a similar age where possible. We're actively working to improve our system's gender restrictions to be more inclusive, and we've recently made significant strides in this area. If you identify differently from the gender marker on your passport and would like to discuss this before booking, please feel free to reach out to us.

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## Single Supplements

In most standard hotels, we can usually offer a limited number of single rooms. This is upon request, on a first-come, first-served basis, and additional charges apply. In more communal accommodation, single rooms are rarely an option. We do not charge a single supplement if you are a solo traveller in a shared room.

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## Food & Dietary Requirements

The food provided is plentiful and will give you plenty of energy. Where lunch is included, it may be a buffet-style lunch-stop, or a packed lunch. Dinners and breakfasts are generally eaten at our accommodation. Being vegetarian or having other dietary requirements is not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply.

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## Luggage

Your main luggage will remain at our accommodation (camp, hostel or hotel as appropriate) and you will not have access to it until the end of each day. You should carry a small daypack for items needed during the day.

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## PREPARING FOR THE CHALLENGE

### Fitness Levels

This is designed to be a challenge, and it is vital that you train sufficiently for it. We will supply you with a thorough training guide once you have registered. Training is all part of the preparation: inadequate training will impact on your enjoyment of the trip, and your chances of completing it. We expect all participants to train hard in advance, but we respect everyone's limits and do not expect everyone to maintain the same pace. If you have concerns about your fitness or if you have reduced mobility please do contact us for a confidential chat about whether this challenge is appropriate for you.

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### Clothing & Kit

We plan our trips around the optimal weather conditions, but could still be exposed to bad weather at any time. It is vital you are prepared for all conditions. We provide you with a detailed packing kit-list on registration, with plenty of information, and we are always available if you need advice.

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### Travel Insurance

Travel insurance for UK weekends and one-day events is not compulsory but you might like to consider taking out cover in case of cancellation or loss of belongings.

Once your travel insurance is arranged, just remember to let us know the policy number and 24-hr medical emergency phone number provided by your insurers.

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### Cancelling your booking

In the unfortunate circumstance that you need to cancel your booking, we would ask that you notify us in writing either by email or post. Your cancellation will be considered effective from the date the notice is received. Registration, administration and amendment fees are non refundable and, depending on your payment option and how close it is to your challenge departure date, you may be liable for a cancellation charge.

Full details of all cancellation charges may be found in the Terms and Conditions of booking.

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## Group Size

Your booking is part of a group challenge, and the tour costs and fundraising targets listed on our website are based on a minimum number of participants which is shown on the challenge. Our typical groups run with approximately 15-25 participants; however you may find your group is smaller or larger than this.

We will confirm at least 12 weeks prior to departure that your challenge is guaranteed to run. Occasionally it may be possible to still run the challenge with less than the minimum numbers, subject to a small group supplement. If we think a small group supplement may be necessary, we will discuss this with you as soon as possible, usually 5 months before your departure date.

**Minimum numbers and groups sizes may vary on Bespoke Charity challenges. If you are booked onto a bespoke challenge please contact your charity for full details.**

## Passenger Portal

We have a Passenger Portal which will give you more details of the challenge itself. It also enables you to see any outstanding information we need, the countdown to your challenge departure, see your outstanding balance, make payments and update your contact details. You can access this via the following link - [Passenger Portal Log in](#).



Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

Please note: This document was downloaded on 27 Nov 2024, and the challenge is subject to change.