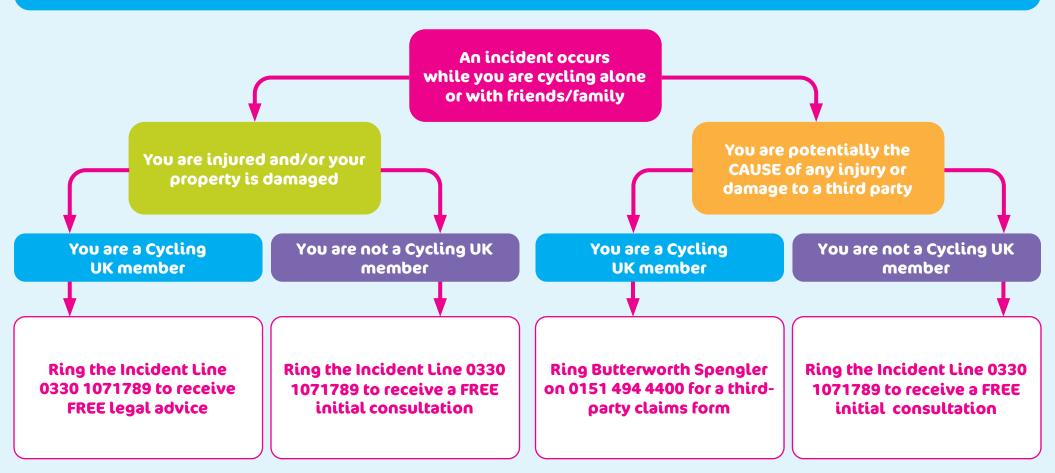


Cycling UK's step-by-step guide to dealing with an incident while cycling

not on a group ride



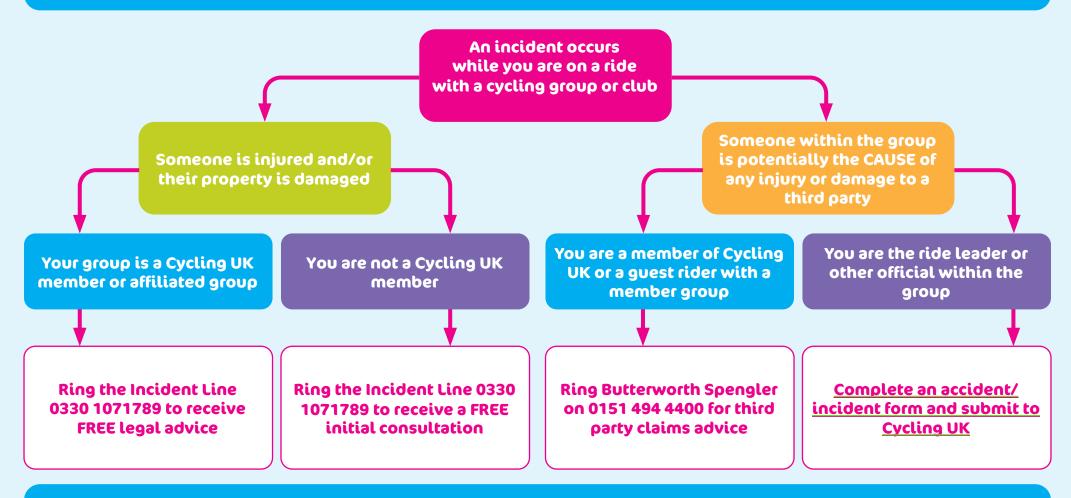


## www.cyclinguk.org/cyclingcrashadvice

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