

Coronavirus: a checklist for returning to group activities

As some group riding is now permitted in all nations of the United Kingdom, in accordance with each country's government restrictions and guidance, Cycling UK has created this checklist for you to use when resuming rides and group activity. If you feel this is appropriate for your group, we are suggesting that you should:

1. Appoint a named person as a Covid officer who would be responsible for overseeing the coronavirus risk assessments and ensuring that the group can adhere to any guidance issued by Cycling UK and any guidance from each nation's government.

2. Have some form of secure record-keeping to support your government's Test, Trace, Protect strategy. As a minimum, that means having contact details for everyone on a ride and a way of getting in touch with them so that people can be notified if someone they were riding with tests positive or later shows symptoms of coronavirus.

3. Undertake a risk assessment that includes a plan of what to do if someone becomes ill or displays symptoms on a ride, and makes it clear that anyone displaying symptoms should not attend future rides or activities unless and until they have complied with self-isolation guidance and/or been tested for Covid-19.

4. Communicate what you are doing to people participating in the activity and alert them to possible risks if guidance not followed, particularly if they fall into vulnerable categories. Follow up any concerns they may have.



Photo by Peter Cornish, Volunteer Photographer